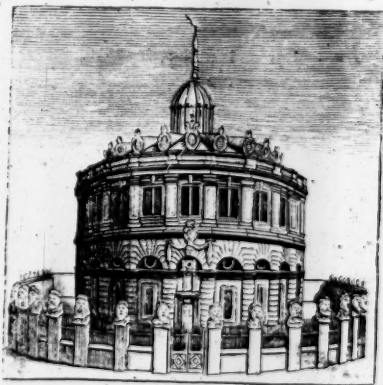


D. Waller.

The ART of
Contentment.

By the Author of
THE WHOLE DUTY OF MAN, &c.

It is but lost labor, that ye hasten to rise up early, and so late take rest, and eat the bread of carefulness; for so he giveth his beloved sleep. Psal. 127. 3.



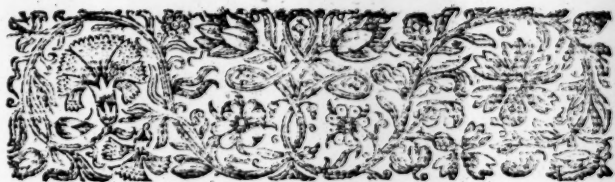
At the THEATER in OXFORD,
M. DC. LXXV.

Imprimatur,


RAD BATHURST

Vice-Cancell. Oxon.

Feb. 24. 1675.



THE PREFACE.

 *HE desire of happiness is so coessential with our nature, so interwoven and incorporate with it, that nothing but the desolation of the whole frame can extinguish it. This runs thro the whole race of mankind, and amidst the infinit variety of other inclinations, preserves its self entire. The most various contradictory tempers do yet*

The Preface.

yet conspire in this, and men of the most unequal fortunes, are yet equal in their wishes of being happy.

But this concurrence as to the end is not more universal then the disagreement about the way. Every man would have happiness, but wherein that consists, or how it is to be attain'd, has bin very diversly opin'd. Indzed the ultimate supreme happiness as it is originally inherent in God; so it is wrapt up in those clouds and darkness, which, as the Psalmist saies, are round about him Psal. 18.

11. And we can see nothing of it, but in those gleams and raies he is pleas'd to dart out upon us; so that all our estimates as to our final felicity, must be mesur'd by those revelations he has made of it.

But

The Preface.

But one would think, our temporal happiness were as much a mystery as our eternal, to see what variety of blind pursuits are made after it. One man thinks tis seated on the top pinnacle of honor, and climbs till perhaps he falls head-long. Another thinks it a mineral, that must be dig'd out of the earth, and toils to lade himself with thick clay, Hab. 2. 6. and at last finds a grave, where he sought his treasure. A third supposes it consists in the variety of pleasures, and wearies himself in that pursuit, which only cloies and disappoints. Yet every one of these can read you lectures of the gross mistake and folly of the other, whilst himself is equally deluded.

Thus do men chase an imaginary
good,

The Preface.

good, till they meet with real evils; herein exposing themselves to the same cheat Laban put upon Jacob; they serve for Rachel, and are rewarded with Leah, court fancied beauty, and marry leath'd deformity. Such delusive felicities as these are the largesses of the Prince of the Air, who once attempted to have inveigled even Christ himself, Mat. 4.

But Gods proposals are more sincere: he knows how sandy, how false a foundation all these external things must make, and therefore warns us not to build so much as our present satisfaction upon them, but shews us a more certain, a more compendious way to acquire what we gasp after, by telling us that as Godliness in respect of the next, so contentment for this world

The Preface.

world is great gain, 1 Tim. 6. 6. It is indeed the unum necessarium, the one point in which all the lines of worldly happiness are concentred, and to complete its excellence, tis to be had at home: nay indeed only there. We need not ramble in wild pursuits after it, we may form it within our own breasts: no man wants materials for it, that knows but how to put them together.

And the directing to that skill is the only design of the ensuing Tract; which coming upon so kind an errand, may at least hope for an unprejudic'd reception. Contentment is a thing we all profess to aspire to, and therefore it cannot be thought an unfriendly office to endeavor to conduct men to it. How far the ensuing con-
side-

The Preface.

siderations may tend to that end, I must leave to the judgment and experience of the Reader, only desiring him, that he will weigh them with that seriousness which befits a thing wherein both his happiness and duty are concern'd: for in this (as in many other instances) God has so twisted them together, that we cannot be innocently miserable. The present infelicities of our murmurs and impatiencies have an appendent guilt, which will consign us to a more irreversible state of dissatisfaction hereafter.

T H E



THE ART OF CONTENTMENT.

S E C T. I.

Of the necessary Connexion between Happiness and Contentment.

I.



OD who is essentially happy in himself, can receive no accession to his felicity by the poor contributions of men. He cannot therefore be suppos'd to have made them upon intuition of increasing, but communicating his happiness. And this his original

A

ginal design is very visible in all the parts of his Economy towards them. When lapsed man had counterplotted against himself, defeated the purpose of the Divine goodness, and plunged his whole nature into the opposite state of endless misery; he yet reforc'd his first design, and an expedient as full of wonder as mercy, the death of his Son, recovers him to his former capacity of bliss. And that it might not only be a bare capacity, he has added all other methods proper to work upon a rational creature. He has shewed him his danger, set before him in perspective that eternal Tophet, which he is advis'd to shun. On the other side he has no less lively describ'd the heavenly Jerusalem, the celestial Country to which he is to aspire: nay farther has levell'd his road to it, leads him not as he did the Israelites thro' the wilderness, thro' intricate mazes to puzzle his understanding; thro' *a land of drought wherein were fiery Serpents and Scorpions*, Deut. 8. 15. to discourage and affright him, but has in the Gospel chalkt out a plain, a safe, nay a pleasant path; as much superior both in the ease of the way, and in the end to which it leads, as heaven is to Canaan.

2. BY doing this, he has not only secured our grand and ultimate happiness, but provided for our intermedial also. Those Christian duties which are to carry us to heaven, are our refreshment, our viaticum in our journey; his yoke is not to gall and fret us, but an engine by which we may withease (and almost insensibly) draw all the clogs and incumbrances of human life. For whether we take Christianity in its whole complex, or in its several and distinct branches, tis certainly the most excellent, the most compendious art of happy living: its very tasks are rewards, and its precepts are nothing but a divine sort of Alchymy, to sublime at once our nature and our pleasures.

3. THIS may be evidenc'd in every particular of the Evangelical Law: but having formerly made some attempt towards it in another *tract, I shall not here reassume the whole subject. I shall only single out one particular precept, wherein happiness is not (as in the others) only implied, and must be catcht at the rebound by consequence and event; but is literally express'd, and is the very matter of the duty; I

* Decay of
Christian Tru-
ty.

4 The Art of Contentment.

mean the precept of acquiescence and *Contentment*; Happiness and this true genuine Contentment, being terms so convertible, that to bid us be content, is but another phrase for bidding us be happy.

4. TEMPORAL enjoiments, such as are pleasure, wealth, honor, and the rest, tho they make specious pretences to be the measure of human happiness, are all of them justly discarded by the Philosopher in his *Ethics*, upon this one consideration, that coming from abroad they may be withheld or taken from us: and our tenure being precarious, we even for that reason are unhappy in our most desirable possessions, because we still are liable to be so. And therefore he concludes, that felicity must be placed in the mind and soul, which stands without the reach of fortune; and in the practice of virtue, which in its own nature, and not in its contingent use is truly good, and therefore certainly renders the possessors such.

5. BUT this practice being diffused thro the whole extent of Moral duty, *Epictetus* thought he had deserved well of human nature, when he drew it up in two short words, to *sustain* and *abstain*: that is to bear with constancy adverse events, and

and with moderation enjoy those that are prosperous. Which complexure of Philosophy is yet more fully, as well as more compendiously express'd in the single notion of *Contentment*: which involves the patient bearing of all misadventures, and generous content of sensual illectives. This state of mind the Greeks express by calling it *αὐτάρκεια*, or self-sufficiency, which, we know properly speaking, is one of the incommunicable attributes of the divine nature, and the Stoics expressly pretend, that by it mortal men are enabled to rival their Gods; in *Seneca's* Phrase, to make a controversy with *Jupiter* himself. But abating the insolent blasphemy of an independent felicity, Christianity acknowledges a material truth in the assertion: and *St. Paul* declares of himself, that having learnt how to want and how to abound, and in whatever state he happens to be in, therewith to be content: he is able to do all things thro Christ that strengthens him, *Phil. 4. 11, 12, 13.* and having nothing, to possess all things, *2 Cor. 6. 10.*

6. WHICH great event comes about, not only because all good things are eminently in the divine nature, and he who by Vertue and Religion possesses Him, thereby

6 The Art of Contentment.

by in a full equivalence has every thing ; but also upon human measures, and the principles of Philosophy : the compendious address to wealth, as *Plato* rightly observ'd, being not to encrease possessions, but lessen desires. And if so, it will follow that the contented man must be abundantly provided for, being so entirely satisfied with what he has, as to have no desires at all. Indeed tis truly said of covetous men, and is equally verified of all who have any desire to gratify, that they want no less what they have, then what they have not : but the reverse of that Paradox is really made good by *Contentment*, which bestows on men the enjoyment of whatever they have, and also whatever they have not ; and by teaching to want nothing, abundantly secures not to want happiness.

7. ON the other side this one grace being absent, it is not in the power of any success or affluence to make life a tolerable thing. Let all the materials of earthly happiness be amass'd together and flung upon one man, they will without contentment be but like the fatal prize of *Tarpeia's* treason, who was prest to death with the weight of her booty. He that has the elements of felicity, and yet cannot form them

7
SECT. I. *Its Connexion with Happiness.* 7

them into a satisfaction, is more desperately miserable than he that wants them: for he who wants them has yet something to hope for, and thinks if he had them he might be happy; but he who insignificantly possesses them, has no reserve, has not so much as the Flattery of an expectation; for he has nothing left to desire, and yet can be as little said to enjoy.

8. HE therefore that would have the extract, the quintessence of happiness, must seek it in Content. All outward accessions are but the dross and earthy part: this alone is the spirit, which when tis once separated, depends not upon the fate of the other; but preserves its vigor when that is destroyed. St. Paul whom I before mention'd, is a ready instance of it, who professes to be *content in what ever state*; Contentment being not so inseparately link'd to external things, but that they may subsist apart. That those are often without it we are too sure, and that it may be without them is as certainly true; tho by our own default we have not so many examples of it. A heart that rightly computes the difference between temporals and eternal, may resolve with the Prophet, *Al-*
tho

tho the fig. tree shall not blossom, neither shall fruit be in the vines, the labor of the olive shall fail, and the fields shall yield no meat; the flocks shall be cut off from the fold, and there shall be no herds in the stall; yet I will rejoice in the Lord, I will joy in the God of my Salvation. Hab. 3. 17, 18. He that has God need not much deplore the want of any thing else: nor can he that considers the plenty and glory of his future state, be much dejected with the want or the abjectness of his present.

9. YET so indulgent is God to our infirmities, that knowing how unapt our impatient natures are to *walk only by faith, and not at all by sight*, 2 Cor. 5. 7. he is pleas'd to give us fair antepasts of satisfaction here, dispenses his temporal blessings tho not equally, yet so universally, that he that has least, has enough to oblige not only his acquiescence, but his thankfulness. Tho every man has not all he wishes, yet he has that which is more valuable than that he complains to want; nay which he himself could worse spare were it put to his option.

10. AND now from such a disposure of things who would not expect that mankind should be the cheerfullest part of the creation?

SECT. I. *Its Connexion with Happiness.* 9

creation: that the *sun* should not more rejoice to run his course Psal. 19. 5. then man should to finish his: that a journey which has so blessed an end, and such good accommodation by the way, should be past with all imaginable alacrity; and that we should live here practicers and learners of that state of unmix'd interminable joies to which we aspire. But alas if we look upon the universality of men, we shall find it nothing so; but while all other creatures gladly follow the order of their creation, take pleasure in those things God has assign'd for them, we with a sullen perverseness quarrel at what we should enjoy, and in every thing make it our business, not to fit it for our use, but to find out some concealed quality which may render it unfit. We look insidiously upon our blessings, like men that design'd only to pick a quarrel, and start a pretence for mutining. From hence it is that man who was design'd the Lord of the world, to whose satisfaction all inferior beings were to contribute, is now the unhappiest of the creatures: nay as if the whole order of the universe were inverted, he becomes slave to his own vassals, courts all these

B

little

little sublunary things with such passion, that if they prove coy and fly his embraces, he is mad and desperate: if they fling themselves into his arms, he is then glutted and satisfied; like Amnon *he hates more then he loved* 2 Sam. 13. 15. and is sicker of his possession, then he was of his desire.

10. AND thus will it ever be till we can keep our desires more at home, and not suffer them to ramble after things without our reach. That honest Roman who from his extraordinary industry upon his little spot of ground received such an increase as brought him under suspicion of witchcraft, is a good example for us. God has placed none of us in so barren a soil, in so forlorn a state, but there is something in it which may afford us comfort; let us husband that to the utmost, and tis scarce imaginable what improvements even he that appears the most miserable may make of his condition. But if in a fullen humor we will not cultivate our own field, because we have perhaps more mind to our neighbors, we may thank our selves if we starve. The despising of what God has already given us, is sure but a cold invitation to farther bounty. Men are indeed forced sometimes

SECT. I. *Its Connexion with Happiness.* II

to reward the mutinous : but God is not to be so attacked, nor is it that sort of violence which can ever force heaven. The Heathen could say that Jupiter sent his plagues amongst the poorer sort of men, because they were alwaies repining : and indeed there is so much of truth in the observation, that our impatience and discontent at our present condition, is the greatest provocation to God to make it worse.

II. It must therefore be resolv'd to be very contrary to our interest, and surely tis no less to our duty. It is so if we do but own our selves men, for in that is impli'd a subordination and submission to that power that made us so ; and to dispute his managery of the world, to make other distributions of it then he has don, is to renounce our subjection, and set up for dominion. But this is yet more intolerable as we are Christians, it being a special part of the Evangelical discipline, cherefully to conform to any condition : *to know how to be abased, and how to abound, to be full and to be hungry, Phil. 4. 12. to be careful for nothing ver. 6.* Nay so little do's Christ give countenance to our peevish contents, our wanton out-cries when we

are not hurt, that he requires more then a contentment, an exultancy and transport of joy even under the heaviest pressures, under reproches and persecutions. *Re-joyce ye in that day, and leap for joy Luk. 6.*

23. And sure nothing can be more contrary to this, then to be alwaies whining and complaining, crying in the Prophets phrase, *my leanness my leanness, wo is me. Isa. 25. 16.* when perhaps Moses's simile do's better fit our state, *Jesurun waxed fat and kicked. Deut. 32. 15.*

12. AND as this querulous humor is against our interest and duty, so is it visibly against our ease. Tis a sickness of the mind, a perpetual gnawing and craving of the appetite without any possibility of satisfaction: and indeed is the same in the heart which the *Caninus appetitus* is in the stomach, to which we may aptly enough apply that description we find in the Prophet, *he shall snatch on the right hand and be hungry, and he shall eat on the left and not be satisfied, Esay. 9. 20.* Where this sharp, this fretting humor abounds, nothing converts into nourishment: every new accession do's but excite some new desire; and as tis observ'd of a trencher-fed dog, that he tastes not one bit for the gree-
dy

SECT. I. *Its Connexion with Happiness.* 13

dy expectation of the next; so a discontented mind is so intent upon his pursuits, that he has no relish of his acquisitions. So that what the Prophet speaks of the Covetous, is equally applicable to all other sorts of Male-contents: *he enlarges his desires as hell, and is as death, and cannot be satisfied*, Hab. 2. 5 And sure if the desire accomplished be, as Solomon saies, *sweet to the soul*, Prov. 13. 19. it must be exceedingly bitter, to be thus condemned to endless unaccomplishable desires; and yet this is the torture which every repining discontented spirit provides for its self.

13. WHAT a madness is it then for men to be so desperately bent against their interest and duty, as to renounce even their ease too for company? One would think this age were sensual enough to be at defiance with the least shadow of uneasiness. It is so I am sure where it ought not, every thing is laborious when tis in compliance with their duty. A few minutes spent in praier *Oh what a weariness is it!* Mal. 2. 13. If they chance but to miss a meal, they are ready to cry out, *their knees are weak with fasting*. Psa. 109. 23. yet they can without regret, or any self-compassion,

passion, macerate and cruciate themselves with anxious cares and vexations, and as the Apostles speaks 1 Tim. 6. 10. *pierce themselves thro with many sorrows.* That proposal therefore which was very rashly made by St. Peter to our Saviour, *Master pity thy self*, Mat. 16. 22. which we render *be it far from thee*, would here be an advised motion to the generality of mankind, who are commonly made unhappy not by any thing without them, but by those restless impatiencies that are within them.

14. IT may therefore be a seasonable office to endeavor the appeasing those storms, by recalling them to those sober rational considerations, which may shew as well the folly, as uneasiness of this repining unsatisfiable humor. 'Tis certain that in true reasoning, we can find nothing whereon to found it, but a great deal to inforce the contrary. Indeed tis so much against the dictate of reasonable nature to affect damage, sin, and torment, that were there nothing else to be said but what I have already mention'd, it might competently discover the great unreasonableness of this sin.

15. BUT we need not confine our appeal

SECT. I. *Its Connexion with Happiness.* 15

peal to reason, as it is only a judg of utility and advantage; but inlarge it to another notion, as it is judg of equity and right: in which respect also it gives as cleer and peremtory a sentence against all murmuring and impatience. To evince this I shall insist upon these particulars.

1. That God is debtor to no man, and therefore what ever he affords to any, it is upon bounty not of right, benevolence not a due. 2^{ly}. That this bounty is not straight or narrow, confin'd to some few particular persons, and wholly overskipping the rest, but more or less universally diffused to all. So that he who has the least, cannot justly say but he has bin liberally dealt with. 3^{ly}. That if we compare our blessings with our allaies, our good things with our evil, we shall find our good far surmounting. 4^{ly}. That we shall find them yet more so, if we compare them with the good we have don, as on the contrary we shall find our afflictions scarce discernible if balanced with our sins. 5^{ly}. That as God is Rector of the universe, so it appertains to him to make such allotments, such distributions, as may best preserve the state of the whole. 6^{ly}. That God notwithstanding that universal care, has

has also a peculiar aspect on every particular Person, and disposes to him what he discerns best for him in special. 7^{ly} If we compare our adversities with those of other men, we shall alwaies find something that equals, if not exceeds our own. All these are certain irrefragable truths, and there is none of them single but may, if well prest upon the mind, charm it into a calmness and resignation; but when there is such a conspiracy of arguments, it must be a very obstinate perverseness that can resist them: or should they fail to enforce a full conviction; will yet introduce those subsidiary proofs, which I have to alledg, so advantagiously, as will, being put together, amount unto perfect and uncontroulable Evidence.

S E C T.

SECT. II.

Of Gods Absolute Sovereignty.

I. **T**HE first proposition, that God is debtor to no man, is too clear and apparent to require much of illustration : for as he is a free agent and may act as he pleases , so he is the sole proprietary, and can wrongfully detain from none, because all original right is in himself. This has bin so much acknowledged by the blindest Heathens, that none of them durst make insolent addresses to their Gods, challenge any thing of them as of debt , but by sacrifices and prayers own'd their dependance and wants, and implor'd supplies. And sure Christianity teaches us not to be more sawcy. If those Deities who ow'd their very being to their votaries, were yet acknowledged to be the spring and source of all, we can with no pretence deny it to that supreme power in whom we live, move, and have our being, Acts 17. 28. For if it were merely an

C

act

act of his choice to give us a being, all his subsequent bounties can have no other original than his own good pleasure. We could put no obligation upon God before we were: and when we began to be, we were his creatures, and so by the most indisputable right owe our selves to him, but can have no antecedent title on which to clame any thing from him: so that the Apostle might well make the challenge which he doth on Gods behalf, *who hath given any thing unto him, and it shall be recompenc'd to him again?* Rom. 11. 35:

2. Now ordinary discretion teaches us not to be too bold in our expectation from one to whom we can plead no right. It has as little of prudence as modesty, to press impudently upon the bounty of a Patron, and do's but give him temptation (at least pretence) to deny. And if it be thus with men, who possibly may somtimes have an interest, somtimes a vanity to oblige us; it must be much more so towards God, who cannot be in want of us, and therefore need not buy us. *Our good, as the Psalmist speaks, extends not to him.* Psal. 16. 2. He has a fundamental right in that little we are, which will stand good tho it should never be corroborated by greater benefits.

With

Sec

Wi

we

arg

bei

not

con

ext

in

of

by

the

a re

god

but

fam

it, f

30.

as b

onl

vin

in t

he c

for

befo

the

tair

had

he

of

SECT. II. *Of Gods Absolute Sovereignty.* 19

With what an humble bashfulness should we then sue for any thing, who have no argument to invite the least donation? being already so preingag'd, that we cannot mortgage so much as our selves in consideration of any new favor: and surely extravagant hopes do very ill besit people in this condition. We see the modesty of good Mephibosheth, who tho he was by a slanderous accusation outed of half the estate David had given him, yet upon a reflection that he deriv'd it all from his good pleasure, disputed not the sentence, but chearfully resign'd the whole to the same disposure, from which he received it, saying, *Yea, let him take all.* 2 Sam. 19. 30. A rare example and fit for imitation, as being adapted to the present case, not only in that one circumstance of his having receiv'd all from the King, but also in that of the attainder of his blood, which he confesses in the former part of the verse, for *all of my fathers house were but dead men before my Lord.* And alas may we not say the very same? was not our whole race tainted in our first Parent? So that if God had not the primary title of vassalage, he would in our fall have acquir'd that of confiscation and escheat. And can we

think our selves then in terms to capitulate and make our own conditions, and expect God should humor us in all our wild demands?

3. **THIS** is indeed to keep up that old rebellion of our Progenitor, for that consisted in a discontent with that portion God had assign'd him, and coveting what he had restrain'd him. Nay indeed it comes up to the height of the Devils proposal, the attempting *to be as God*. Gen. 3. 5. For tis an endeavor to wrest the managery out of his hands, to supersede his Authority of dispensing to us, and to carve for our selves. This is so mad an insolence, that were it possible to state a case exactly parallel between man and man, it would raise the indignation of any that but pretended to ingenuity. Yet this is, without Hyperbole, the true meaning of every murmuring repining thought we entertain.

4. **BUT** as bad as it is, who is there of us, that can in this particular say, *we have made our hearts clean*? Prov. 20. 9. Tis true we make some formal acknowledgment sometimes that we receive all from Gods gift, custom teaches us from our infancy after every meal we eat to give him thanks (tho even that is now thought too much

much respect, and begins to be discarded as unfashionable.) Yet sure he cannot be thought to do that in earnest, that has all the time of his eating bin grumbling that his table abounds not with such delicacies as his neighbors: And yet at this rate God knows are most of our thanksgivings. Indeed we have not so much ordinary civility to God, as we have to men. The common proverb teaches us not too curiously to pry into the blemishes of what is given us: but on Gods gifts we sit as Censors, nicely examine every thing which is in any way disagreeable to our fancies, and as if we dealt with him under the notion of chapmen, disparage it, as Solomon saies buyers use to do, *it is naught, it is naught, saith the buier*, Prov. 20. 14. Nay we seem yet more absurdly to change the scene, and as if God were to make oblation to us, we as critically observe the defects of his benefactions, as the Levitical priests were to do those of the sacrifice, and (like angry Deities) scornfully reject, what ever do's not perfectly answer our wanton appetites.

5. AND now should God take us at our words, withdraw all those blessings which we so fastidiously despise, what a
con-

condition were we in? Tis sure we have nothing to plead in reverse of that judgment. There is nothing in it against justice: for he takes but his own. This he intimates to Israel, Hof. 2. 9. *I will return and take away my corn in the time thereof, and my wine in the season thereof, and will recover my wool and my flax:* in which he asserts his own propriety, my corn, my wine &c. and recalls them to the remembrance that they were but usufructuaries: and tis as evident that our tenure is but the same. Nay this proceeding would not be repugnant even to mercy, for even that is not obliged still to prostitute its self to our contempt. I am sure such a tolerance is beyond all the measures of human lenity. Should any of us offer an alms to an indigent wretch, and he when he sees it is Silver, should murmur and exclaim that it is not Gold, would we not draw back our hand, and reserve our charity for a more worthy object? Tis true indeed Gods thoughts are not as our thoughts, nor our narrow bowels equal measures for the divine compassions, and we experimentally find that his long-suffering infinitely exceeds ours, yet we know he do's in the
para-

parable of the Lord and the servant Mat. 18. declare that he will proportion his mercy by ours, in that instance; and we have no promise that he will not do it in this: nay we have all reason to expect he should; for since his wisdom prompts him to do nothing in vain, and all his bounty to us is design'd to make us happy, when he sees that end utterly frustrated by our discontents, to what purpose should he continue that to us which we will be never the better for?

6. BESIDES tho he be exceedingly patient, yet he is not negligent or insensible, he takes particular notice, not only with what diligence we employ, but with what affection we resent every of his blessings. And as ingratitude is a vice odious to men, so it is extremely provoking to God: so that in this sense also, the words of our Savior are most true, *from him that hath not (i. e.) that hath not a grateful sense and value, shall be taken away even that he hath*, Mat. 25. 29. But we may find a threatning of this kind yet more exprefs to Israel, *because thou servedst not the Lord thy God with gladness and with joyfulness of heart for the abundance of all things, therefore shalt thou*

thou serve thine enemies, whom the Lord God will send among thee, in hunger and in thirst and in nakedness and in want of all things, Deut. 28. 27, 28. a sad and dismal inversion, yet founded wholly in the want of that cheerful recognition which God expected from them. And if Israel the lot of his own inheritance, that people whom he had singled out from all the nations of the world, could thus forfeit his favor by unthankfulness, sure none of us can suppose we have any surer entail of it. In a word as God loves a cheerful giver, so he also loves a cheerful receiver. One that complies with his end in bestowing, by taking a just complacence in his gifts. But the querulous and unsatisfied, reproch his bounty: accuse him of illiberality and narrowness of mind. So that he seems even in his honor engag'd to bring them to a righter apprehension of him, and by a deprivation teach them the value of those good things, which they could not learn by the enjoyment.

7. IF therefore ingenuity and gratitude cannot, yet at least let prudence and self-love engage us against this sin of *Murmuring*, which we see do's abundantly justify the character the Wise man gives

gives when he tells us *tis unprofitable*, Wif. 1. 11. he might have faid pernicious alfo, for fo it evidently is in its effect. Let us then arm our felves againft it, and to that purpose imprefs deeply upon our minds the prefent confideration, that God owes us nothing, and that what ever we receive is an alms and not a tribute. *Diogenes* being asked what Wine drank the moft pleafant, answered, that which is drunk at anothers coft. And this circumftance we can never mifs of to recommend our good things to us: for be they little or much, they come gratis. When therefore in a pettifh mood we find ourfelves apt to charge God foolifhly, and to think him ftrait-handed towards us, let us imagine we hear God expoftulating with us, as the houfholder in the parable, *Friend I do thee no wrong: is it not lawful for me to do what I will with mine own?* Mat. 20. 15. If God have not the right of difpofing, let us find out thofe that have, and fee how much better we fhall fpeed: but if he hath, let us take heed of difputing with him. We that fubfift merely by his favor, had need court and cherifh it by all the arts of humble obfervance. Every man is ready to fay how ill beggary

D.

and

and pride do agree. The first qualification we cannot put off; O let us not provide it of the other so inconvenient, so odious an adjunct. Let us leave off prescribing to God (which no ingenious man would do to an earthly benefactor) and let us betake our selves to a more holy and successful policy, the acknowledgment of past mercies, and our own unworthiness. This was *Jacobs* method, *I am not worthy of the least of all the mercies, and of all the truth which thou hast shew'd unto thy servant: for with my staff I passed over this Jordan, and now I am become two bands,* and with this humble preface he introduces his petition for rescue in his present distress, *Deliver me I pray thee from the hand of my brother, &c.* Gen. 32. 10, 11. An excellent pattern of Divine Rhetoric, which the success demonstrates to have bin very prevalent. And we cannot transcribe a better copy, to render our desires as successful. Indeed we are so utterly destitute of all arguments from our selves, that we can make no reasonable form of address, if we found it not in something of God: and there is nothing even in him adapted to our purpose, but his mercy, nor can that be so advantage-

tage.

SEC
tag
for
fos
hin
fin
col
Isr
the
by
his
No
rec
der
is t

SECT. II. *Of Gods Absolute Sovereignty.* 27

tageously urged by any thing, as by the former instances it has given of it self: for as God only is fit to be a precedent to himself, so he loves to be so. Thus we find, not only *Moses*, but God often recollecting his miraculous favors towards *Israel*, as an argument to do more: let us therefore accost him in his own way, and by a frequent and grateful recounting of his former mercies, engage him to future. Nor need we be at a loss for matter of such recollection, if we will but seriously consider what we have already received, which is the subject of the next Section,

S E C T. III.

Of Gods Unlimited Bounty.

I. **I**T is the known character of an unworthy nature, to write injuries in Marble, and benefits in dust: and however some (as *Seneca* well observes) may acquit themselves of this imputation as to man, yet scarce any do so in relation to God. Tis true indeed the charge must be a little varied; for God neither will nor can do us injury: yet we receive any thing that is adverse with such a resentment as if it were, and engrave that in our memories with indelible characters, whilst his great and real benefits are either not at all observ'd, or with so transient an advertence that the comparison of dust is beyond our pitch, and we may more properly be said to write them in water. Nay so far are we from keeping records and registers of his favors, that even those standing and fixt ones which sense can prompt us to (without the aid of our memories) cannot obtain our notice.

2. W E R E

2. WERE it not thus, it were impossible for men to be so perpetually in the complaining Key, as if their voices were capable of no other sound. One wants this, and another that, and a third something beyond them both, and so on *ad infinitum*; when all this while every one of them enjoys a multitude of good things without any remark. That very breath wherewith they utter their complaints, is a blessing, and a fundamental one too: for if God should withdraw that, they were incapable of whatsoever else they either have, or desire. Tis true that some mens impatiencies have risen so high, as to cast away life, because it was not clothed with all circumstances they wisht. Yet these are rare instances, and do only shew such mens depraved judgment of things. A rich jewel is not the less valuable, because a mad man in his raving fit flings it into the fire: but as to the generality of men, the devil (tho a liar) gave a true account of their sense, when he said, *Skin for skin, and all that a man hath will he give for his life.* Job. 2. 4. And tho perhaps in an angry fit many men have with *Jonas*, Chap. 4. 3. *wisht to die*, yet ten to one should death then come, they would be as willing
to

to divert it, as was the man in the Apologue, who wearied with his burden of sticks, flung it down and call'd for death, but when he came, own'd no other occasion for him, but to be helpt up again with his bundle. I dare in this appeal to the experience of those, who have seem'd very weary of life, whether when any suddain danger has surpris'd them, it has not as suddainly altered their mind, and made them more desire life, then before they abhorr'd it. Tis the common saying, As long as there is life there is hope: there is so as to secular concerns, for what strange revolutions do we often see in the age of a man? from what despicable beginnings have many arriv'd to the most splendid conditions? of which we have divers modern as well as ancient instances. And indeed tis admirable to see what time and industry will (with Gods blessing) effect, *But there is no work, nor device, nor knowledg, nor wisdom in the grave.* Ecc. 9. 10. we can improve no more when we are once transplanted thither.

3. But this is yet much more considerable in respect of our spiritual state. Our life is *the day wherein we are to work,* Joh. 9. 4. (yea to work out our Salvation:) but *when the night comes* (when death over-

vertakes) *no man can work.* Now alas when tis consider'd how much of this day the most of us have loiter'd away, how many of us have stood idle till the sixth or ninth hour, it will be our concern not to have our day close before the eleventh. Nay alas tis yet worse with us: we have not only bin idle, but very often ill busied; so that we have a great part of our time to unravel; and that is not to be don in a moment. For tho our works may fitly enough be represented by the Prophets comparison of a *spiders web*, I say. 59 5. yet they want the best property even of that; they cannot be so soon undon. Vices that are radicated by time and custom, lie too deep to be lightly swept away. Tis no easy thing to perswade our selves to the will of parting with them. Many violences we must offer to our selves, a long and strict course of mortification must be gon thro, ere we can find in our hearts to bid them be gon: and yet when we do so, they are not so tractable as the Centurions servants. They will indeed come when ever we bid them, but they will scarce go so: they must be expell'd by force and by slow degrees; we must fight for every inch of ground we gain

gain from them : and as God would not assist the *Israelites* to subdue the *Canaanites* at once, Deut. 7. 22. so neither ordinarily do's he us to master perfectly our corruption. Now a process of this difficulty is not to be dispacht on a sudden. And yet this is not all our task, for we have not only ill habits to extirpate, but we have also good ones to acquire ; tis not a mere negative vertue will serve our turns, nor will emty lamps enter us into the marriage chamber, Mat. 25. 10. *We must add to our faith vertue, and to vertue knowledg, and to knowledg temperance, &c.* 2 Pet. 1. 5. No link must be wanting of that sacred chain, but we must (as the same Apostle advises) *be holy in all manner of conversation.* 1 Pet. 1. 15.

4. AND now I would desire the Reader seriously to consider, whether he can upon good grounds tell himself that this so difficult (and yet so necessary) a work is effectually wrought in him. If it be, he is a happy man, and can with no pretence complain of any external want ; (he that is fed with *Manna*, must be strangely perverse if he murmur for a belly-full of *leeks and onions.* Num. 11. 5.) But on the contrary he owes infinite thanks to God, that

SECT. III. *Of Gods Unlimited Bounty.* 33

has spared him time for this important business, and did not put a period to his natural life, before he had begun a spiritual. For I fear there are among the best of us few of so intire an innocence, but they may remember some, either habits or acts of sin, in which it would have bin dreadful for them to have bin snatcht away. And then how comprehensive, how prolific a mercy has life bin to them, when it has carried eternity in its womb, and their continuance on earth has qualified them for heaven? Neither are such persons only to look on it as a blessing in the retrospect, as it relates to the past, but also in the present and future: which if they continue to employ well, do's not only confirm, but advance their reward. Besides God may please by them to glorify himself, make them instrumental to his service; which as it is the greatest honor, so it is also the greatest satisfaction to a good heart. He shews himself too mercenary, that so longs for his reward, as to grow impatient of his attendances: he that loves God, thinks himself blest in the opportunity of doing work, as well as in receiving wages. Thus we see how life is under all these aspects a mercy to

a pious man, and such as not only obliges him to contentment, but gratitude.

5. B U T supposing a man cannot give this comfortable account of his life, but is conscious that he has spent it to a very different purpose, yet do's not that at all lessen his obligation to God, who meant he should have employ'd it better, and that he has not don so is merely his own fault. Nay indeed the worse his state is, the greater mercy it is, that God has not yet made it irreverfible, that he has not cut him off at once from the earth and the possibility of heaven too, but affords him yet a longer day, *if yet he will hear his voice*, Psa. 95. 7. This long-suffering is one of the most transcendent acts of divine goodness, and therefore the Apostle rightly stiles it *the riches of his goodness and long-suffering and forbearance*, Rom. 2. 4. and so at last we commonly acknowledg it, when we have worn it out, and can no longer receive advantage by it. What a value do's a gasping despairing soul put upon a small parcel of that time, which before he knew not how fast enough to squander? Oh that men would set the same estimate on it before: and then certainly as it would make them better husbands of it, so it would also render

der them more thankful for it, *Accounting that the long-suffering of our Lord is salvation.* 2 Pet. 3. 15.

6. I N D E E D did men but rightly compute the benefit of life upon this score, all secular encumbrances and uneasinesses of it would be overwhelmed, and stand only as Cyphers in the account. What a shame is it then that we should spend our breath in sighs and out-cries? which if we would employ to those nobler ends for which twas given, would supersede our complaints, and make us confess we were well dealt with, that *our life* (tho bare and stript of all outward accessaries) *is given us for a prey*, Jer. 45. 5. And indeed he that has yet the great work of life to do, can very ill spare time or sorrow to bestow upon the regretting any temporal distress, since his whole stock is little enough to bewail and repair his neglects of his eternal concerns. Were all our lives therefore destitute of all outward comfort, nay were they nothing but a scene of perpetual disasters, yet this one advantage of life would infinitely outweigh them all, and render our murmurings very inexcusable.

7. B U T God has not put this to the utmost trial, ha's never plac'd any man in such a state of unmixt calamity, but that he still affords many and great alliaies: he finds it fit somtimes to defalk some of our outward comforts, and perhaps im-bitter others, but he never takes all away. This must be acknowledg'd, if we do but consider how many things there are in which the whole race of mankind do in common partake. The four Elements, Fire and Water, Air and Earth, do not more make up every mans composition, then they supply his needs: the whole host of heaven, the Sun, Moon and Stars, *Moses* will tell us, are by *God divided to all nations under the whole Heaven*, Deut. 4. 19. Those resplendent bodies, equally afford their light and influence to all. The sun shines as bright on the poor Cottage, as on the most magnificent Palace; and the Stars have their benign Aspects, as well for him that *is behind the Mill*, as for *him that sitteth on the Throne*. Ex. 11. 5. Propriety (that great incendiary below) breeds no confusion in those celestial Orbs, but they are every mans trefure, yet no mans peculiar (as if they meant to teach us, that our love of appropriation *descends not from above*

above, Jam. 3. 15. is no heavenly quality.)

8. AND as they make no distinction of the ranks and degrees of men, so neither do they of their virtues. Our Saviour tells us, God causes *his Sun to rise on the good and on the evil, and sendeth rain on the just and on the unjust*, Mat. 5. 45. If now we descend lower to the sublunary creatures, they equally pay their homage to man, do not disdain the dominion of the poor, and submit to that of the rich, but shew us that that their instinct extends to the whole nature. An horse draws the poor mans plough, as tamely as the Princes chariot, and the beggars hungry Cur follow him with as much obsequiousness and affection as the pamper'd lap-dogs of the nicest Ladies. The sheep obey a poor mercenary shepherd as well as they did the daughter of the wealthy *Laban*, Gen. 29. 9. or of *Jethro* a Prince, Exod. 2. 16. and as willingly yield their fleece to clothe *Lazarus*, as to make purple for *Dives*. And as animals, so vegetables are as communicative of their qualities to one man as another. The corn nourishes, the fruits refresh, the flowers delight, the simples cure the poor man as well as the rich.

9. BUT I foresee it will be objected,
that

that these natural privileges are insignificant, because they are evacuated by those positive laws which bound propriety, and that therefore tho one man could use the creatures as well as another, yet every man has them not to use. I answer, that for some of the things I have mention'd, they are still in their native latitude, cannot be inclosed or monopoliz'd. The most ravenous oppressor could never yet lock up the sun in his chest: *he that laies house to house, and land to land, till there be no place*, Esa. 5. 8. cannot inclose the common air. And the like may be said of divers of the rest: so that there are some (and those no mean) blessings, which continue still the indefeisible right of mankind in general.

10. As for those other things which are liable to the restrictive terms of *meum* and *tuum*, tis not to be deni'd but there is vast difference in the dispensing them; as great as *Nathans* parable describes, when he speaks of the numerous flocks of the rich man, and the *single ewe lamb of the poor*, 2 Sam. 12. 2. yet there is scarce any so deplorably indigent, but that by one means or other, he has or may have the necessary supports of life. Perhaps they fall

fall not into his lap by birth-right and inheritance, yet they are acquirable by labor and industry, which is perhaps the better tenure. They cannot it may be arrive to *Sodoms fulness of bread*: yet if they have not her *abundance of Idleness*, Ez. 16. 49. they commonly need not want that, which was the height of *Agurs wish, food convenient*, Pro. 30. 8. Tis true indeed, if they will fold their hands in their bosom, if with *Solomons sluggard, they will not plow by reason of the cold*, they must take his fate in the summer, as they have his ease in the winter, *they may beg in harvest, and have nothing*, Prov. 20. 4. but then tis visible they are the Authors of their own necessities. And indeed to men of such lazy careless natures, tis hard to say, what degree of Gods bounty can keep them from want, since we often see the fairest fortunes dissipated as well by the supine negligence, as the riotous prodigality of the owners. And therefore if men will be idle, they are not to accuse God, but themselves if they be indigent.

II. BUT then there is one case wherein men seem more inevitable expos'd, and that is when by age, sickness, or decrepitness, they are disabled from work;
or

or when their family is too numerous for their work to maintain. And this indeed seems the most forlorn state of poverty. Yet God has provided for them also, by assigning such persons to the care of the rich. Nay he has put an extraordinary mark of favor on them, given them the honor of being his proxies and representatives, made them letters of Attorney (as it were) to demand relief in his name, and upon his account. And tho tis too true, that even that Authority will not prevail with many of the rich to open their purses; yet even in this Age of frozen charity, there are still some who remember upon what terms they received their wealth, and employ it accordingly. And tho the number of them is not so great as were to be wisht, yet there are in all parts some scattered here and there like *Cities of refuge* in the Land, Deut. 19. 2. to which these poor distressed creatures may flee for succour. And I think I may say, that between the legal provisions that are made in this case and voluntary contributions, there are not very many that want the things that are of absolute necessity: and we know St. Paul comprizes those in a small compass, *food and raiment*, and proposes them

them as sufficient materials of Content,
I Tim. 6. . I say not this to contract
 any mans bowels, or lessen his compassions
 to such poor wretches. For how much
 soever they lend, I wish, as *Joab* did in an-
 other case to *David*, the Lord *to increase*
it a hundred fold, 2 Sam. 24. 3. I only
 urge it as an evidence of the assertion I
 am to prove, that no man is so preter-
 mitted by God in his disposal of tempo-
 ralls, but that even he that seems the most
 abandon'd has a share in his providence,
 and consequently cannot justly murmur,
 since even this state which is the highest
 instance of human indigence, is not with-
 out its receipts from God.

12. **BUT** the number in this form are
 but few, compar'd to those in a higher:
 for between this and the highest affluence,
 how many intermedial degrees are there,
 in which men partake not only of the ne-
 cessaries, but comforts of life; that have
 not only food and raiment, but their di-
 stinction of holy-day and working-day
 fare and apparel? He that is but one step
 advanced from beggary has so much, he
 that has got to a second has more then
 is necessary: and so every degree rises in
 plenty till it comes to vanity and excess.

F

And

And even there too there are gradual risings, some having so much fewel for luxury, that they are at as great a loss for invention, as others can be for materials, and complain that there are no farther riots left for them to essay. How many are there who have so cloy'd and glutted their senses, that they want some other inlets for plesure, and with the rich man in the Gospel, are in distress where to bestow their abundance?

13. AND sure such as these cannot deny that they have received good things, yet generally there are none less contented? which is a clear demonstration, that our repinings proceed not from any defect of bounty in God, but from the malignant temper of our own hearts. And as it is an easier thing to satisfy the cravings of an hungry, then to cure the nauseous recoilings of a surfeited stomach; so certainly the discontents of the poor, are much easier allai'd then those of the rich: the indigence of the one has contracted his desires, and has taught him not to look farther then a little beyond bare necessities, so that a moderate Alms satisfies, and a liberal transports him: but he who by a perpetual repletion has his desires stretcht and

SECT. III. *Of Gods Unlimited Bounty.* 43

and extended, is capable of no such satisfaction. When his enjoiments fore-stall all particular pursuits, and he knows not upon what to fasten his next wish; yet even then he has some confus'd. unform'd appetites, and thinks himself miserable because he cannot tell what would make him more happy. And yet this is that envi'd state which men with so much greediness aspire to: every man looks on it as the top of felicity to have nothing more to wish in the world. And yet alas even that when attain'd, would be their torment. Let men never think then that Contentment is to be caught by long and forreign chases; he is likeliest to find it who sits at home, and duly contemplates those blessings which God has brought within his reach, of which every man has a fair proportion, if he will advert to it.

14. FOR besides these external accessions (of which the meanest have some, the middle sort a great deal, and the uppermost rather too much) man is a principality within himself, and has in his composure so many excellent impresses of his Makers power and goodness, that he need not ask leave of any exterior thing to be happy, if he know but aright how

to value himself. The very meanest part of him, his body is a piece of admirable workman-ship, of a most incomprehensible contrivance; as the Psalmist saies, he is fearfully and wonderfully made; and tis astonishing to think of what a symmetry of parts this beautiful fabric is made up. Nor are they only for shew, but use: every member, every limb is indowed with a particular faculty to render it serviceable to the whole; and so admirable is the texture of veins and arteries, sinews and muscles, nerves and tendons, that none are superfluous, but some way or other contribute to vegetation, sense, or motion. Nay the most noble and most useful parts are all of them double, not only as a reserve in case of misadventure of one part; but also as an instance of the bounty of the Donor. And indeed tis observable of *Galen* in his writings, that after he had taken great care to exempt himself and all of his profession from taking notice of the Deity, by saying that to discourse concerning the Gods was the task of speculative philosophers; yet coming to write *de usu partium*, and considering the frame of human bodies, and therein discovering the wonderful contrivance of every part in reference to its self,
and

and also to the whole ; their strength, agility, and various movement, infinitely surpassing the powers of all Mechanic engines ; he seems to have had the fate we read of *Saul* in holy Scripture, and against his genius and purpose to become a Prophet ; breaking frequently out into Hymns and sacred raptures ; saying, these Mysteries are more divine than the *Samothracian* or *Eleusinian* ; and confessing they both strictly require and infinitely excel the low returns of human praise. But beyond the fabric of parts as organic, what an extract of wonder are our senses, those *five operations of the Lord*, as the son of *Syrach* rightly (and by way of eminence) styles them, *Ecclus. 17. 5*? By these we draw all outward objects to our selves. What were the beauties of the Universe to us, if we had not sight to behold them, or the most melodious sounds, if we had not hearing and so of the rest. And yet these are not only generally given, but also preserv'd to the greater part of men : and perhaps would be to more, did not our base undervaluing of common mercies, force God somtimes to instruct us in their worth, by making us feel what it is to want them.

15. MULTITUDE of refreshments also God has provided for our bodies; particularly that of sleep, of which he has bin so considerate, as in his distributions of time, to make a solemn allotment for it: yet who almost when he lies down considers the mercy, or when he rises refreshed, rises thankful also? But if our rest at any time be interrupted with the cares of our mind, or pains of our bodies, then, (and not till then) we consider, that tis *God who gives his beloved sleep*, Psa. 127. 2. and think it a blessing worth our esteem. Thus it is with health, strength, and every thing else: we despise it whilst we have it, and impatiently desire it whilst we have it not; but in the interim sure we cannot complain, that Gods hand is shortened towards us, when in the ordinary course of his providence we commonly enjoy these mercies many years, which we find so much miss of, if they be withdrawn but for a few hours. And indeed there is not a greater instance of human pravity then our senseless content of blessings, merely because they are customary; which in true reason is an argument why we should prize them the more. When we deal with men, we dis-

discern it well enough. He that gives me once a hundred pounds, I account not so much my benefactor, as if he made it my annual revenue; yet God must lose his thanks, by multiplying his favors; and his benefits grow more invisible by their being alwaies before us,

16. BUT the body (with its enjoyments) is but the lowest instance of Gods bounty: tis but a decent case for that inestimable Jewel he has put in it: the soul, like the Ark, is the thing for which this whole tabernacle was framed, and that is a spark of Divinity, in which alone it is that God accomplished his design of *making man in his own image*, Gen. 1. 26. 'Twould be too long to attempt an exact survey of its particular excellencies; the mere intellectual powers wherewith it is indued, have exercised the curiosity and raised the admiration of the great contemplators of Nature in all ages: yet after all, of so subtle composure is the soul, that it is inscrutable even to it self: and tho the simplest man knows he has the faculties of Imagination, Apprehension, Memory, Reflecting; yet the learnedst cannot assign where they are seated, or by what means they operate. 'Tis enough
to

to us that we have them, and many excellent uses for them; one whereof (and a most necessary one) is a thankful reflexion on the goodness of God who gave them. He might have made us in the very lowest form of creatures, insensible as stocks or stones; or if he had advanc'd us a step higher, he might have fixt us among mere animals, transcripts perhaps of the noxious, at the best of the tamer sort of beasts: but he has plac'd us in the highest rank of visible creatures; and not only given *Dominion over the works of his hands* Psal. 8. 6. but has given us the use of reason wherewith to manage that sovereignty, without which we had only bin the more masterful sort of brutes.

17. YET still the soul is to be consider'd in a higher notion, that of its immortality and capacity of endless bliss. And here indeed it owns its extraction, and is an image of the first being, whose felicity is coexistent with himself. This as it is the most transcendent accomplishment of our nature, so it is most universal. Whatever disparity there may be between man and man in other respects, yet in this all are equal: the poor beggar at the gate has a soul as capacious of eter-

eternal happiness, as he whose *crumbs* he begs for (nay sometimes better prepar'd for it, as that parable shews, Luke 16. 21.) And tho' the dignities of earth are the prize of the rich and noble, the subtle and designing; yet heaven is as easily mounted from the dung-hill as the throne, and an honest simplicity will sooner bring us thither, then all the Machiavelian policy. Nay God has not only design'd us to so glorious an end, but has don all on his part to secure us of it, sent his Son to lead us the way, his spirit to quicken us in it. We need not dispute how universal this is; tis sure it concerns all to whom I am now speaking, those that are within the pale of the church: and if it should prove confin'd only to them, the more peculiar is their obligation, that are thus singled out from the rest of the world, and the greater ought to be their thankfulness. The heathen Philosopher made it matter of his solemn acknowledgment to fortune, that he was born a Grecian and not a Barbarian: and sure the advantages of our Christianity are of a much higher strein, and ought to be infinitely more celebrated. The Apostle we find often applauding this glorious privilege, as that

G

which

which makes fellow citizens with the Saints, and of the household of God, Ephes. 3. 19. nay which elevates us to a higher state, the adoption of sons, Gal 4. 5. nor only Sons, but Heirs also of God and joint Heirs with Christ, Rom. 8. 17. And what ambition is there so greedy which this will not satisfy? yet this is our common state, the birth-right of our regeneration, if we do not degrade ourselves, and with Esau basely sell our title.

18. AND now methinks every man may interrogate himself in the same form, wherein Jonadab did Amnon 2 Sam. 13. 4. *Why art thou, being the Kings son, thus lean from day to day?* Why should a person who is adopted by the King of Kings, thus languish and pine? What is there below the sun worthy his notice, much less his desires, that hath a Kingdom above it? Certainly did we but know how to estimate our selves upon this account, twere impossible for us with such sordid contentions to court every petty worldly interest, and so impatiently vex our selves when we cannot attain it. Alas how unworthily do we bear the name of Christians, when that which carried the Forefathers of our Faith thro the most fiery trials,

als, cannot support us under the disappointment of any extravagant desires? They had such *respect to the recompence of the reward*, Heb. 11. 26. as made them cheerfully expose their Fame to ignominy, their goods to rapine, their Bodies to the most exquisite tortures, and their Lives to death. Yet the same hopes cannot work us to any tolerable degree of patience, when we suffer but the smallest diminution in any of these. What shall we say? Is Heaven grown less valuable, or Earth more then it was then? No surely, but we are more infatuated in our estimates: we have so long abetted the rivalry of the hand-maid, that the Mistress, like *Sarah*, appears despicable. Like *Jonah* we sit down sullen upon the withering of a gourd, never considering that God has provided us a better shelter, *a building of God eternal in the Heavens*, 2 Cor. 5. 1. Indeed there can be no temporal destitution so great, which such an expectation cannot make supportable. Were we in *Jobs* condition sitting upon a dunghil, and scraping our selves with a potsheard, yet as long as we can say with him *our Redeemer liveth*, Job. 19. 25. we have all reason to say with him also, *bleſſed be the name of the Lord.*

Chap. I. 21. What a madness is it then for us to expose our selves to be pierc'd and wounded by every temporal adversity, who have so impenetrable an armour? nay what an ungrateful contumely is it to that goodness of God, to shew that we cannot make him a counterpoise to the most trivial secular satisfaction? on which account sure he may again take up that exprobrating complaint we find in the Prophet, *A goodly price that I was valued at by them.* Zac. 11. 13.

19. BUT how mean soever he is in our eyes, tho *Christ* seem the same to us in his glory which he did in his abjection, to have no beauty that we should desire him; yet he puts another rate upon himself, and tells us that, he *that loves Father or Mother, Son or Daughter more than me, is not worthy of me.* Mat. 10. 37. Now our love and our joy are passions coincident; and therefore whatever we joy more in than we do in him, we may be presum'd to love better; and if he cannot endure the competition of those more ingenious objects of our love he there mentions, how will he suffer that of our vanities, our childish wanton appetites? And yet those are the things after which we so impatiently

ently rave. For I believe I may truly affirm, that if there were a scrutiny made into all the discontents of mankind, for one that were fastned upon any great considerable calamity, there are many that are founded only in the irregularity of our own desires.

20. BY what has bin said we may justly conclude in the Prophets phrase, *God hath not bin to us a wilderness, a land of darkness*, Jer. 2. 31. but has graciously dispenc'd to us in all our interests. Yet the instances here given are only common, such as relate to all, or at least the far greater part of mankind: but what volumes might be made, should every man set down his own particular experiences of mercy? In that case twould be no extravagant Hyperbole we find Joh. 22. 25. *That even the world it self could not contain the books which should be written.* God knows our memories are very frail, and our observations slight in this point: yet abstracting from all the forgotten or neglected favors, what vast catalogues may every man make to himself, if he would but yet recollect, what effects he has had of Gods bounty in giving, of his providence in protecting, of his grace in restraining,
and

and exciting, of his patience in forbearing? And certainly all these productions of the divine goodness were never design'd to die in the birth. The Psalmist will tell us, *the Lord hath so don his marvellous works, that they ought to be had in remembrance.* Ps. **111.4.** Let every man then make it his daily care to recount to himself the wonders God hath don, as for the children of men in general, so for himself in particular. When the Israelites murmured under their bondage, *Pharaoh* imputes it to their idleness, and prescribes them more work, as the readiest cure; a piece indeed of unhuman Tyranny in him, but may with equity and success be practiced by us upon our selves. When we find our appetites mutinous, complaining of our present condition, let us set our selves to work, impose it as a task upon our selves to recollect the many instances of Gods mercies. And surely if we do it sincerely, and with intention, we cannot have past thro half our stages, before our sullen murmures will be beat out of countenance, and retire with shame, when they are confronted with such a cloud of witness, such signal testimonies of Gods good
good

SECT. III. *Of Gods Unlimited Bounty.* 55

goodness to us. For when we have mustered up all our little grievances, most critically examin'd all our wants, we shall find them very unproportionable to our comforts, and to our receipts; in which comparative notion, the next Section is to consider them.

SECT.

S E C T. IV.

*Of the surplusage of our Enjoiments
above our Sufferings.*

1. **T**O regulate our estimate of those things which we either enjoy or suffer, there are three precedent queries to be made: the first of their number or plenty, the second of their weight, the third of their constancy and continuance; for according as they partake more of these properties, every good is more good, and every evil is more evil. It will therefore be our best method of trial in the present case, to compare our blessings and our calamities in these three respects.

2. **A**ND first in that of plenty, the mercies of God are the source of all our good, are set out to us in holy scripture in the most *superlative* strein, They are *multitudes*, Psal. 102. 20. *Plenteous redemption*, Psal. 130. 7. *as high as the heaven*, Psal. 103. 11. *He fills all things living with plenteousness*, Psal. 145. 16. His mercies indeed

SECT. IV. *Enjoiments above Sufferings.* 57

deed are such as come not within the compass of number, but stretch themselves to infinity, and are best represented by such a calculation as God made to *Abraham*, when he shew'd him the numberfulness of his posterity by the innumerableness of the stars, Gen. 15. 5. Were there but a single mercy apportioned to each minute of our lives, the sum would arise very high: but how is our Arithmetic confounded, when every minute has more then we can distinctly number? for besides the original stock mention'd in the last Section, and the accession of new bounty, the giving us somewhat which we had not before; what an accumulative mercy is it, the preserving what we have? We are made up of so many pieces, have such varieties of interests, spiritual, temporal, public, and private; for our selves, for our friends, and dependents; that it is not a confused general regard that will keep all these in security one moment. We are like a vast building, which costs as much to maintain, as to erect. And indeed considering the corruptibleness of our materials, our preservation is no less a work of Omnipotence, then our first forming: nay perhaps tis rather a greater.

H

Our

Our original clay tho it had no aptness, yet it had no aversions to the receiving a human form ; but was in the hand of the potter to make it what he pleased : but we now have principles of decay within us, which vehemently tend to dissolution ; we want the supplies of several things without us, the failing wherof returns us again to our dust. Nay we do not only need the aid, but we fear the hostility of outward things. That very air which sometimes refreshes us, may at another starve and freeze us : that which warms and comforts us, has also a power of consuming us. Yea that very meat which nourishes, may choak and stifle us. In a word there is no creature so despicable, so inconsiderable, which may not sometimes serve us, and which may not at any time (if God permit) ruine us. Now whence is it that we so constantly, so frequently find the good, the benign efficacy of these things, and so seldom, so rarely the evil ? whence I say is it, but from the active unwearied providence, which draws forth the better properties of the creatures for our use, and restrains the worser for our security ? which with a particular advertence watches not only over every Person,

fs,
ng
he
we
is,
a ;
gs
is
y
of
a-
e
d
-
-
a
o
s
e
e
r
e
e

—
—
a
o
s
e
e
r
e
e

1

mages of himself, his dearest Children, by
 a wind from the wilderness. Job. 1. And
 can we think his malice is now worn out ?
 no surely he still wishes as ill to mankind
 as ever, and we should soon see the woful
 effects of it, did not the same power which
 let him loose for *Jobs* trial, restrain him
 for our safety. Nay had he but power
 to affright, tho not to hurt us, even that
 would make our lives very uncomfortable.
 We cannot hear the relation of Sprights
 or apparitions, but our blood chills upon
 it, and a horror runs thro our veins : what
 should we then do if he should make his
 night-walks thro our chambers, and with
 his illusory terrors disturb our rest ? Yet
 all this and much more he would do, if
 God did not chain up this *old Dragon*,
 Rev. 20. Nay if he were not at the ex-
 pence of a guard about us, and those no
 less than Angels. I shall not dispute whe-
 ther every person hath not his peculiar
 Guardian : for tho many have not impro-
 bably asserted it, we have ground enough
 of acquiescence in the general affirmati-
 on of the Apostle, *that they are all mini-
 string Spirits, sent forth to minister for them,
 who shall be heirs of Salvation*, Heb. 1. 4.
 And now if the Reader please to sum up
 how

SECT. IV. *Enjoiments above Sufferings.* 61

how many are his concerns, and how many are the dangers which await him in them all, he cannot sure render the account of those mercies which preserve the one, and divert the other, in any other Phrase then that of the Psalmist, *They are more then I am able to express.* Psal. 40. 7.

4. WE may now challenge the most miserable, or the most querulous man living, to produce causes of complaint, proportionable to those of thanksgiving. He that has the greatest stock of calamities, can never vie with the heaps of benefits; the disproportion is greater then that of the armies of *Ahab* and *Benhadad*, 1 Kings. 20. 27. whereof the one was like *two little flocks of Kids, the other filled the country.* God has told us that he *afflicts not willingly, nor grieves the children of men,* Lam. 3. 33. whereas on the contrary, he *delighteth in mercy,* Mich. 7. 18. We may judge by our selves which he is the likeliest often to repete, those acts which he doth with regret and reluctancy, or those which he do's with plesure and delight. But we need no inferences where we have the attestation of experience. Let every man therefore make this his judge in the case, let him every night
re.

recollect, how many things within and about him he is concern'd in, and consider how many of those have bin preserv'd intire to him, still accounting every thing so continued as a new donation. If he begin with his Spiritual state, tis too possible he may sometimes find he has lost his innocence, committed some, perhaps many sins: but even in these he will find cause to justify God, if he do but recollect with what inward checks and admonitions, and outward restraints, God has endeavored to bridle him. If he will break thro those fences, that do's not at all derogate from the mercy of God which so guarded him, but it rather illustrates his goodness, that after so many quenchings of his Spirit, do's yet continue its influence. So that even he that has the most deplorably violated his integrity, is yet to confess that Gods purpose was to have preserv'd it intire: and he might really so have kept it, had he compli'd with those aids which were afforded him. But in temporal concerns we are not so apt to undermine our selves, and therefore shall much more rarely find we have suffer'd detriment in them, then in our spiritual; but are there ordinarily like to meet with a
better

SECT. IV. *Enjoiments above Sufferings.* 63

better account. Let a man therefore consider what is lacking to him of all the secular good things he had in the morning, and tell me whether for the most part he may not give such an account, as the *Isralitish* officers did of their men after the slaughter of the *Midianites*, *that he hath not lost one.* Num. 31. 30. Or if sometimes he do suffer a diminution, yet at the worst he will find that many more good things have bin preserv'd to him, then have bin taken from him. A man may perhaps meet with some damage in his estate, yet tis manifold odds that that damage is but partial, and that he has still more left then is lost. Or if it be more intire; yet if he have his health, his limbs, his senses, his friends, and all things beside his estate left him, so that for one thing he has lost, he still retains a multitude, he may say of it as the Disciples of the few **Loaves**, *what is this among so many?* Mat. 14. 17. *Aristippus* being bemoan'd for the loss of a Farm, repli'd with some sharpness upon his Condoler, you have but one field, and I have yet three left, why should I not rather grieve for you? intimating that a man is not so much to estimate what he has lost, as what he has left. A piece
of

of wisdom which if we would transcribe we might quickly convince our selves, that even in our most adverse estate there are, as *Elijah* speaks, *more with us then against us*, 2 King. 6. 16. that our enjoiments are more then our sufferings, and Gods acts of grace, do far out-number those of his severity.

5. AND as they do out-number, so also do they out-weigh them. The mercies we receive from God are (as the last Section has shew'd) of the greatest importance; the most substantial solid goods, and the greatest of all, I mean those which concern our eternal state, are so firmly fixt on us, that unless we will voluntarily quit our clame, tis not in the power of men or devils to defeat us. Light bodies are easily blown away by every gust of wind, but this *weight of glory*, as the Apostle calls it, 2 Cor. 4. 17. continues firm and stable, is proof against all storms, like the *shadow of a great rock in a weary Land*. Isa. 32. 2. Those dark adumbrations we have of it, might have served to refresh and deceive the tediousness of our pilgrimage, and therefore the most formidable calamities of this life are below all measures of comparison with this hope of our calling, this *riches of the glory of our inheritance*.

Eph.

SECT. IV. *Enjoiments above sufferings.* 65

Eph. 3. 16. The heaviest and most pressing of our afflictions are to that, *but like the small dust of the balance*: Esa. 40. 15. So that if we should here stop our inquiry, we have a sufficient resolution of the present question, and must conclude, that God has given us an abundant counterpoise of all we either do or can suffer here.

6. IF therefore there be any so forlorn as to temporals, that he can fetch thence no evidence of Gods fatherly care of him, yet this one consideration may solve his doubts, and convince him that he is not abdicated by him. We read of no gifts *Abraham gave Isaac*, yet to the sons of the concubines tis said he did, Gen. 25. 6. It had bin a very fallacious inference, if *Isaac* should have concluded himself neglected, because his far greater portion was but in reversions. And it will be the same in any of us, if we argue an unkindness from any temporal wants who have the entail of an eternal inheritance. But surely *God do's not leave himself without witness*, Act. 14. 17. even in secular things; there is no man breathing but has some blessings of his left hand, as well as his right, as I have already mention'd:

I

and

and unless it be some few prodigies of Calamity, in whose punishment or patience God designs signally to glorify himself; there are none who enjoy not greater comforts of life then those they want, I mean such as are really greater, tho perhaps to their prejudicated fancies they do not appear so. Thus in point of health, if a man be disaffected in one part, yet all the rest of his body may be (and often is) well; or if he have a complication, and have more then one disease, yet there is no man that has all, or half so many as are incident to human bodies; so that he is comparatively more healthy then sick. So again it is not very common for a man to lose a limb, or sense: the generallity of men keep them to their last; and they who do, have in that an overbalance to most outward adversities; and even they who are so unhappy to lose one, yet commonly keep the rest; at least the Major part. Or if at any time any man is left a mere breathing trunk, yet it is by such stupifying diseases as dead the sense, or such mortal ones as soon take them away; and so the remedy overtakes the Malady. Besides it pleases God very often, to make compensation
for

SECT. IV. *Enjoiments above Sufferings.* 67

for the want of one member or faculty by improving the use of another. We have seen feet supply all the necessary uses of hands to those who have had none; and it is a thing of daily observation, that men that are blind, have the greater internal light; have their intellects more vigorous and active, by their abstractions from visible objects.

7. THUS also it is in the matter of wealth: he that is forced to get his bread by the sweat of his browes, tis true he cannot have those delicacies wherewith rich men abound; yet his labor helps him to a more poignant, a more savory sauce than a whole College of Epicures can compound. His hunger gives a higher gust to his dry crust, than the surfeited stomach can find in the most costly, most elaborate mixtures: so verifying the observation of Solomon, *The full soul loatheth the hony comb, but to the hungry soul every bitter thing is sweet*, Prov. 27. 7. He cannot indeed stretch himself upon his bed of Ivory, Am. 6. 4. yet his sleeps are sounder than those that can. The wise man tell us, and experience do's so too, that *the sleep of a laboring man is sweet*. Ecclus. 5 12. He is not cloathed gorgeously,

has not the splendor of glittering apparel, so neither has he the care of contriving it, the fears of being forestal'd in a new invention, or any of those unmanly sollicitudes which attend that vanity. He has the proper genuine use of clothing; the preventing shame and cold, and is happily determin'd to that which the wiser men of the world have voluntarily chosen. To conclude, he has one advantage beyond all these: his necessities rescue him from idleness, and all its consequent temptations; which is so great a benefit, that if rich men be not their own taskmasters as his wants are his, if they do not provide themselves of business, that one want of theirs is infinitely more deplorable than all his: and he is not only happy comparatively with himself, in having better things than he wants; but with them also.

8. If we come now to reputation and fame, the account will be much the same. He that is eminent in the world for some great achievement, is set up as an object of every mans remark; where as his excellencies on the one hand are visible, so his faults and blemishes are on the other. And as human frailty makes it too
pro-

SECT. IV. *Enjoiments above Sufferings.* 69

probable these latter will be really more, so human envy makes it sure that they shall be more precisely, more curiously observed, and more loudly blazon'd. So that upon the whole, a good quiet security, tho it be not the road to glory, yet is the likeliest fence against infamy. And indeed he that can keep up the reputation of a sober integrity within his own private sphere, need not envy the triumphant sallies of others, which often meet with a fatal turn at the latter end of the day. But twill be said that even that more moderate sort of reputation is not every mans portion, but that many lie under great ignominy and scandals. I shall here ask whether those be just or unjust: If they be just they belong not to our present subject, which relates only to those afflictions which are the effects of Gods immediate providence, not of our own crimes; for I never doubted but that by those we may divest our selves of any, nay of all the good things God has design'd us. But if the obloquie be unjust, tis probable that tis taken up only by ill men, and that the good palls a more equitable sentence; and then surely the attestation of a few such, is able to outweigh

weigh a multitude of the others. And in this case a man may not only find patience but pleasure in reproches. *Socrates* lookt with trouble and jealousy on himself when ill men commended him, saying, What ill have I don? and sure a Christian has a farther reason to be pleas'd with their revilings, they being his security against the *woe* pronounc'd to those *whom all men speak well of*, Luk. 6. 26. But sometimes it happens, that even good men are seduc'd, and either by the artifices of the wicked, or their own too hasty credulity, give credit to unjust reports. And this I confess is a sharp trial to the injur'd person: yet even this cannot often be universal, there can scarce be any innocence so forlorn but that there may be opportunities of clearing it to some or other, and by them propagating it to more, and if the cloud ever come to be dispers'd, their fame will appear with the brighter luster. But if none of this happen, they have yet a certain and more blessed retreat, even an appeal to the unerring judg, who never beholds us with more approbation, then when we are under the unjust condemnation of men. Indeed we have then a double tie upon him, not only his justice, but

SECT. IV. *Enjoiments above Sufferings.* 71

but his pity is concern'd in our case. God particularly owns himself as the refuge of the oppressed: and there is scarce a sharper and more sensible oppression then this of Calumny: yet even this proves advantage, whilst it procures Gods immediate patronage, makes us the objects of his more peculiar care and compassion, who ~~can~~ *make our righteousness as cleer as the light*, Psa. 37. 6. if he see it fit; but if in his wisdom he chuse not that for us, tis comfort enough for us that we have approv'd it to him. 'Twas *Elkanah's* question to *Hannah* in her disconsolation, *Am not I better to thee then ten Sons?* 1 Sam. 1. 8. And sure we may say the like of Gods approbation, that tis better to us I say not then ten, but ten thousand Eulogies of men. The very Echo of it in the testimony of a good conscience is an unspeakable comfort; and this voice sounds more audibly, more sweetly, among the loudest, the harshest accusations of men. So that we see even this assault too is not without its guard, and these *waters of Marah*, Exod. 15. 23. may be render'd not only wholesome but pleasant.

9. I have now instanced in the three most general concerns of human life, the
body,

Body, Goods, and Fame, to which heads may be reduced most of the afflictions incident to our outward state, as far as immediately concerns our selves. But there is no man stands so single in the world, but he has some relation or friends in which he thinks himself interess'd, and many times those oblique strokes which wound us thro them, are as painful as the more direct. Yet here also God is ordinarily pleas'd to provide some allaiies, if we would but take notice of them. He who has had one friend die, has ordinarily divers others surviving; or if he have not that, usually God raises him up others. Tis true we cannot have a succession of Fathers and Mothers, yet we often have of other friends that are no less helpful to us: and indeed there are scarce in any thing more remarkable evidences of Providence, then in this particular. *He that is able out of Stones to raise up children to Abraham*, Mat. 3 9. do's many times by as unexpected a production supply friends to the desolate. But we do sometimes lose our friends while they are living: they withdraw their kindness which is the soul of friendship: and if this happen by our own demerit, we can accuse
nei-

neither God nor them for it: nor can we rationally expect that God should provide supplies, when we wilfully despoil our selves. But when they are unkind without provocation, then is the season for his interposition, who uses to take up *those whom Father and Mother forsake*, Plal. 27. 10, and we frequently see signal proofs of his care in exciting the compassions of other friends and relatives, or perhaps of mere strangers. Nay, sometimes God makes the inhumanity of a mans relations, the occasion of his advantage. Thus the barbarous malice of *Josephs* brethren was the first step to his Dominion over Egypt. And tis a common observation in Families, that the most discountenanc'd child oft makes better proof, then the dearling.

10. WE are yet liable to a third affliction by the calamity of our friends, which by the Sympathy of Kindness presses us no less (perhaps more) sensibly then our own: but then tis to be consider'd, that theirs are capable of the same allaying circumstances that ours are, and God has the same arts of alleviating their burdens; so that we have the same arguments for acquiescence in their sufferings

K

that

that we have in our own ; and shall do a more friendly office in impressing those upon them, then in the most passionate adopting their sorrows.

II. THE last and greatest discomfort from friends, is that of their sin : and if ever we may be allow'd that disconsolate strein of the Prophet, Esa. 22. 4, *Turn away from me, I will weep bitterly, labor not to comfort me ;* this seems to be the time. Yet even this *vally of Achor is not without a door of hope*, Hof. 22. 15. A vicious person may be recalled, multitudes have bin ; so that so long as God continues life, we ought no more to deposite our hope then to quit our endeavor. Besides there are few that make this complaint that have not something to balance, or at least to lighten it. I shall instance in that relation which is the nearest and most tender, that of a Parent. He that has one bad child may have divers good. If he have but one virtuous tis a very great mercy, and tis another that he may be the better taught to value it by the opposition of the contrary. But if any be so unhappy as to have many children, and *all to consume his eies and grieve his heart*, 1 Sam. 2. 33. it may be a seasonable reflexion for

SECT. IV. *Enjoiments above Sufferings.* 75

for him to examin how far he has contributed to it, either by *Elies* fond indulgence; or by a remiss and careless education: or which is worst of all, by his most impious example. If any, or all of these be found the cause, he is not so much to seek for allaiies to his grief, as for pardon of his sin: and when he has penitently retracted his own faults, he may then have better ground of hope that God may reform those of his children. In the meantime he may look on his own affliction in them as Gods discipline on him, and gather at least this comfort from it, that his heavenly father has more care of him then he had of his; and do's not leave him uncorrected.

12. THUS we see in all the concerns (which are the most common and important of human life, and wherein the justest of our complaints are usually founded) there is such a temperature and mixture, that the good do's more then equal the ill; and that not only in the grosser bulk, when our whole state is weighed together, but in every single branch of it: God having herein dealt with this little world Man, as he has don with the greater, wherein he is observ'd to have

furnished every country with Specific remedies for their peculiar diseases. I have only given these short hints by way of essay and pattern for the Readers contemplation, which when he shall have extended to all those more minute particulars wherein he is especially concern'd, more curiously compar'd his sufferings with his allaies and comforts; I cannot doubt but he will own himself an instance of the truth of the present Thesis, and confess, that he has much more cause of thankfulness than complaint.

13. THIS I say supposing his afflictions to be of those more solid and considerable sort I have before mention'd. But how many are there who have few or none of such, who seem to be seated in the land of *Goshen*, in a place exempt from all the plagues that infest their Neighbors? And those one would think should give a ready suffrage to this conclusion, as having no temptation to oppugn it; yet I doubt tis far otherwise, and that such men are of all the most unsatisfied. For tho they have no crosses of Gods imposing, they usually create a multitude to themselves. And here we may say with *David*, it is better to fall into the hand of God than in-

to

to th
to be
we n
both
own
desir
I
cont
who
The
fires
want
tites
ting
they
Man
porti
othe
even
quire
we de
hab
the K
poor
were
all th
nary
breaa
Salla

to the hand of man, 2 Sam. 24. 14. tis easier to bear the afflictions God sends, then those we make to our selves. His are limited both for quantity and quality, but our own are as boundless as those extravagant desires from which they spring.

14. AND this is the true cause why contentment is so much a stranger to those who have all the outward causes of it. They have no definite measure of their desires; tis not the supply of all their real wants will serve their turn: their appetites are precarious and depend upon contingencies. They hunger not because they are empty, but because others are full. Many a man would have liked his own portion well enough, had he not seen another have something he liked better. Nay even the most inconsiderable things acquire a value by being anothers; when we despise much greater of our own. *Ahab* might well have satisfied himself with the Kingdom of *Israel*, had not *Naboths* poor plot laid in his eye; but so raving were his desires after it, that he disrelishes all the pomps of a Crown, yea the ordinary refreshments of Nature, *can eat no bread* till he have that to furnish him with Sallads. 1 Kings 21. 2. And how many
are

are there now adaies whose clothes sit uneasy if they see another have had but the luck to be a little more ingeniously vain; whose meat is unsavory if they have seen but a greater rarity, a newer cookery at anothers Table : in a word who make other peoples excesses the standard of their own felicities ?

15. **N**OR are our appetites only excited thus by our outward objects, but precipitated and hurried on by our inward lusts. The proud man so longs for homage and adoration, that nothing can please him if that be wanting. *Haman* can find no gust in all the sensualities of the *Persian* Court, because a poor despicable Jew denies his abaisance, Est. 5. 13. The lustful so impatiently pursues his impure designs, that any difficulty he meets in them, makes him pine and languish like *Amnon*, who could no way recover his own health but by violating his sisters honor. 2 Sam. 13. 14. The revengefull labors under an Hydropic thirst till he have the blood of his enemy : all the liquor of *Abshaloms* sheep-sheering could not quench his, without the slaughter of his brother, 2 Sam. 13. 22. And thus every one of our passions keeps us upon the rack till they have

SECT. IV. *Enjoiments above Sufferings.* 79

have obtained their designs. Nay when they have, the very emtiness of those acquisitions is a new torment, and puts us upon fresh pursuits. Thus between the impetuoufness of our desires, and the emtiness of our enjoiments, we still *disquiet our selves in vain*, Psa. 39.7. And whilst we have such cruel task-masters, tis not strange to find us groaning under our burdens. If we will indulge to all our vicious or foolish appetites, think our lives bound up with them, and solícite the satisfaction of them with as impatient a vehemence, as *Rachel* did for children, Gen. 30. 1. *give me them or I die*: no wonder that we are alwaies complaining of disappointments, since in these the very success is a defeat, and is but the exchanging the pain of a craving ravenous stomach, for that of a cloi'd and nauseated. Indeed men of this temper condemn themselves to a perpetual restlessness: they are like phantastic mutineers, who when their superiors send them blanks to write their own conditions, know not what will please them: and even Omnipotence it self cannot satisfy these till it have new moulded them, and reduced their desires to a certainty.

16. BUT in the mean time how unjustly do they accuse God of illiberality, because every thing answers not their humor? He has made them reasonable creatures, and has provided them satisfactions proportionable to their nature; but if they will have wild irrational expectations, neither his wisdom, nor his goodness is concern'd to satisfy those. His supplies are real and solid, and therefore have no correspondence to imaginary wants. If we will create such to our selves why do we not create an imaginary satisfaction to them? Twere the merrier frenzy of the two, to be like the mad *Athenian*, that thought all the ships that came into his harbor his own: and twere better *Ixion* like to have our Arms fill'd with a cloud, then to have them perpetually beating our own breasts, and be still tormenting our selves with unsatisfiable desires. Yet this is the state to which men voluntarily subject themselves; and then quarrel at God because they will not let themselves be happy. But sure their very complaints justify God, and argue that he has dealt very kindly with them, and afforded them all the necessary accommodations of life: for did they want them, they

SECT. IV. *Enjoiments above Sufferings.* 81

they would not be so sensible of the want of the other. He that is at perfect ease may feel with some vexation the biting of a flea or gnat, which would not be at all observable if he were upon the rack. And should God change the scene, and make these nice people feel the destitution of necessaries; all these regrets about superfluities would be overwhelmed. In the mean time how deplorable a thing is it, that we are still the poorer for Gods bounty, that those to whom he has opened his hand widest, should open their mouth so too in outcries and murmurs? For I think I may say that generally, those that are the farthest remov'd from want, are so from content too; they take no notice of all the real substantial blessings they enjoy, leave these (like the ninety nine sheep in the wilderness) forgotten and neglected, to go in quest after some fugitive satisfaction, which like a shadow flies still faster in proportion to their pursuit.

17. AND now would God they could be recalled from this unprofitable chase, and instead of the Horleeches note, *Give, give*, Prov. 30. 15. take up that of the Psalmist, *What shall I render to the Lord*
L for

for all the benefits he hath don unto me? Psa. 116. 12. Let them count how many valuable or rather inestimable things they have received from his mercy, and then confront them with those corrections they have found from his justice; and if they do this impartially, I doubt not they will find wherewithall to check their highest mutinies; and will join with me in confessing, that their good things abundantly outweigh their ill.

18. IF now we carry on the comparison to the last circumstance, and consider the Constancy, we shall find as wide a difference. Let us take the Psalmists testimony, and there will appear a very distant date of his mercies and punishments. *His mercies endure for ever*, Psa. 136. whereas his wrath *endures but the twinkling of an eye*, Psa. 30. 5. And accordingly God owns his acts of severity as his *strange work*, Isa. 28. 21, that which he resorts to only upon special emergencies; but his mercies *are renewed every morning*, Lam. 3. 25. and doubtless we may all upon trial affirm the same. There are many of the most necessary comforts of life which do not only sometimes visit us as guests, but dwell with us as inmates and domestics. How many

SECT. IV. *Enjoiments above Sufferings.* 83

many are there who have lived in a perpetual affluence from their cradles to their graves, have never known what it is to want? And tho the goods of fortune are perhaps less constant to some, yet the refreshments of nature are usually so to us all. We eat and drink, we sleep, we recreate, we converse in a continued circle, and go our round almost as constantly as the Sun do's his. Or if God do's somtimes a little interrupt us in it, put some short restraint upon our refreshments, yet that comparatively to the time we enjoy them, is but proportionable to the stop he has somtimes made of the Sun, Jos. 10. 13. 2 Kings 20. 8. or of the sea, Exod. 14. 21. which as they were no subversions of the course of nature, so neither are those short pauses he somtimes makes, a repeal of those fixt and customary benefits his providence usually allots us. But who is there can say that any one of his afflictions has bin of equal continuance, or has prest him with so few intermissions? Perhaps he may have mist some few nights sleep: but what is that to a twelve-months, or perhaps a whole lives enjoying it? Tis possible his stomach and his meat have not alwaies bin ready to-

gether; but how much oftner have they met to his delight? and generally those things that are most useful, are but rarely interrupted. Nay to a great many even the delicacies of life are no less constant, and their luxuries are as quotidian as their bread: whereas unless their vices or their fancies create uneasinesses to them, those that come immediately from Gods hand, make long intermissions and short staies. Yet for all this they that should measure by the unceasingness of mens complaints, would judge that the scene was quite reversed, and that our good things are, as *Job* speaks, *swifter then a weavers shuttle*, *Job. 7. 6.* whilst our ill, like *Gehazies Leprosy*, *cleave inseparably to us. 2 Kings 5. 10.*

19. THE truth is, we will not let our selves enjoy those intervals God allows us, but when a calamity do's retire we will still keep it in fiction and imagination; revolve it in our minds, and because tis possible it may return, look upon it as not gon. Like *Aguish* patients we count our selves sick on our well-day, because we expect a fit the next. A strange stupid folly thus to court vexation, and be miserable in Chimera. Do's any man,
or

or indeed any beast desire to keep a distastful relish still in his mouth, to chew the cud upon gall and wormwood? Yet certainly there are a multitude of people whose lives are imbitter'd to them merely by these fantastic imaginary sufferings. Nor do we only fright our selves with images and Ideas of past calamities, but we dress up new bugbears and mormoes, are Poetic and aërial in our inventions, and lay **Romantic** scenes of distresses. This is a thing very incident to jealous natures, who are alwaies raising alarms to themselves. A suspicious man looks on every body with dread. One man he fears has designs upon his fortune, another on his reputation, perhaps a third upon his life: whilst in the mean time, the only ill design against him is managed by himself; his own causeless fears and jealousies, which put him in a state of hostility with all the world; and do often betray him to the very things he groundlessly suspected. For it is not seldom seen that men have incurr'd real mischiefs by a fond solicitude of avoiding imaginary ones. I do not question but this is a state calamitous enough, and shall acknowledg it very-like-

likely that such persons shall have little or no truce from their troubles, who have such an unexhausted spring within themselves; yet we may say to them as the Prophet did to the house of *Jacob*, *Is the spirit of the Lord straitned? are these his doings?* Mich. 2. 7. Such men must not cry out that Gods hand lies heavy upon them, but their own; and so can be no impeachment for the truth of our observations, that Gods blessings are of a longer duration, keep a more fixt steddy course then his punishments. The result of all is, that the generality of mankind have good things (even as to temporals) which do in the three respects foremention'd exceed the ill. I mean the true and real things which God sends, tho not those fanciful ones they raise to themselves.

20. AND now why should it not appear a reasonable proposition that men should entertain themselves with the pleasanter parts of Gods dispensations to them, and not alwaies pore upon the harsher: especially since the former are so much a fairer object, and perpetually in their eie, why should we look on the

SECRET. IV. Enjoiments above Sufferings. 87

the more sadning spectacles of human frailty or misfortune, thro all the magnifying optics our fancies can supply, and perversly turn away our eies from the cheerfuller? Yet this God knows is too much the case with most of us. How nicely and critically do we observe every little adverse accident of our lives? What tragical stories of them do our memories present us with? When alas a whole current of prosperity glides by without our notice. Like little children our fingers are never off the sore place, till we have pickt every light scratch into an Ulcer. Nay like the leuder sort of beggars, we make artificial sores to give us a pretence of complaint. And can we then expect God should concern himself in the cure? Indeed in the course of his ordinary providence there is no cure for such people, unless it be by revulsion, the making them feel the smart of some very great and pressing affliction. They therefore put themselves under an unhappy dilemma, either to continue their own tormentors, or to endure the severest course of Gods discipline. Tis true the last is the more
eli-

eligible; but I am sure the best way is to prevent both, by a just and grateful sense of Gods mercies: which will be yet farther illustrated if we compare them with our own demerits.

SECT.

tial
ctar
wha
fible
tor

25.
in c
ing

we
all
the

one
so th
cha
deal
com

tion
turn
our
fiden

SECT. V.

Of our Demerit towards God.

1. **I**T is the common fault of our nature, that we are very apt to be partial to our selves; and to square our expectations more by what we wish, than by what we deserve. Somthing of this is visible in our dealing with men. We oft *look to reap where we have not sown*, Mat. 25. expect benefits where we do none: yet in civil transactions there are still remaining such footsteps of natural justice, that we are not universally so unreasonable: all traffic and commerce subsisting upon the principle of equal retribution, giving one good thing for another equivalent; so that no man expects to buy corn with chaff, or Gold with dross. But in our dealings with God, we put off even this common equity; are vast in our expectations, but penurious and base in our returns; and as if God were our steward, not our Lord, we require of him with a confidence proper only to those who ask their

M

OWN

own: whilst in the interim, what we offer to him is with such a disdainful slightness, as if we meant it rather an alms than an homage.

2. GOD indeed is so munificent, that he *prevents us with his blessing*, Psa. 21. 3. gives us many things before we ask: had he not don so, we could not have bin so much as in a capacity of asking. But tho the first and fundamental mercies are absolute and free, yet the subsequent are conditional: and accordingly we find in scripture, that God makes no promise either concerning this life or a better, but on condition of Obedience. The *Jews* who had much larger proposals of temporal happiness then Christians have, yet never had them upon other terms. God expressly articulated for the performance of his commands, and made all their enjoiments forfeitable upon the failure, as we may see at large in the book of Deuteronomy. And under the Gospel St. Paul appropriates the *promises as well of this life as that to come unto godliness*, 1 Tim. 4. 8. It will therefore be a material inquiry for every man, whether he have kept his title entire, and have not by breach of the condition forfeited his clame, even to the most common
or-

ordinary blessings; for if he have, common reason will tell him he can challenge none: and that the utmost he can hope for, must be only upon a new score of unmerited favor.

3. AND here certainly *every mouth must be stopped, and all the world become guilty before God*, Rom. 3, 19. For alas who is there that can say his obedience has bin in any degree proportionable to his obligation? Tis manifest we have all received abundantly from Gods hand, but what has he had from ours? I may challenge the best man, to cast up the account of his best day, and tell me whether his receipts have not infinitely exceeded his disbursements: whether for any one good thing he has don, he has not received many. Nor is the disparity only in number, but much more in value. Gods works are perfect, all he do's for us like the first six daies productions, *are all very good*, Gen, 1. but alas our very *righteousness is as filthy rags*, Elai. 64. 6. we offer *him the blind and the lame*, Mal. 1. 9. a few yawning drowsy prayers perhaps, wherein he has the least share: the fuller current of our thoughts running towards our secular or sinful concerns. We drop, it may be, a scanty Alms, where-

in tis odds our vain-glory scrambles for a share with him, if it do not wholly ingrosse it. We sit an hour at a sermon, but tis rather to here the wit or eloquence of the preacher, then the word of God. Like the duller sort of animals, we like well to have our itching ears scratcht, but grow sturdy and restive when we should do what we are there taught. In a word all our services at the best are miserably maim'd, and imperfect; and too often corrupt and unsound. So that God may well upbraid us as he did *Israel*, *offer it now to the governor, will he be pleas'd with it?* Mal. 1.8. These very iniquities of our holy things, are enough to defeat all our pretences to any good from Gods hand; yet God knows this is much the best side of us: tis not every one that can make so fair an appearance as this amounts to. With many, there is no place to complain of the blemishes of their sacrifices, for they offer none; of whom we may say in the word of the Psalmist, *God is not in all their thoughts*, Psal. 10. 4. I fear there want not those who drive away the day, the week, nay the year, without remembering in whose *hand their time is*, Psal. 31. 18. or paying him any solemn tribute
of

of it; who enjoy the services of all inferior creatures, without considering that theirs are more due to the supreme Lord: in a word, who lives as if they were absolutely independent; had their existence purely from themselves, and had no Creator to whom they owed their being, or any consequent duty. And sure men who thus discard themselves from Gods family, have very little reason to expect the provisions of it: yet even such as these have the impudence to complain, if any thing be wanting to their needs (shall I say) or to their lusts; can ravingly profane Gods name in their impatiencies, which they know not how to use in their prayers: as if the Deity were considerable in no other notion, then that of their carter or steward.

4. IF now we seriously reflect, what can be more admirable then that infinit patience of God; who notwithstanding the miserable infirmities of the pious, and the leud content of the impious, still goes on resolutely in his bounty, and continues to all mankind some, and to some all his temporal blessings? He has no obligation of justice to do so, for it is no part of his compact; he has none of gra-
ti-

itude, for he is perpetually affronted and disobliged. Surely we may well say with *David*, *Is this after the manner of men*, *O Lord?* 1 Chro. 17. 17. Can the highest human indulgence bear any proportion with his divine Clemency? no certainly, no finite patience but would be exhausted with the thousandth part of our provocations.

5. BUT is not our dealing too as little after the manner of men; I mean of reasonable creatures: for us who have forfeited our right to all, and yet by mere favor are still kept in the possession of many great blessings: for us to grow mutinous, because there is perhaps something more trifling which is deny'd us, is such a stupid ingratitude, as one would think impossible to human nature. Should a Tenant with us have at once forfeited his lease, and maliciously affronted his Landlord, he would sure think himself very gently dealt with, if he were suffer'd to enjoy but a part of his first estate; but we should think him not only insolent, but mad, who when the whole were left him, should quarrel and clamor if he might not have his Cottage adorn'd with marble floors, and gilded roofs. Yet at this wild
rate

rate we behave our selves to our great Landlord, grow pettish and angry if we have not every thing we can fancy, tho we enjoy many more useful, merely by his indulgence. And can there be any thing imagin'd more unreasonable? Let us therefore if not for piety, yet at least to justify our clame to rationality, be more ingenuous; let us not consult only with our fond appetites, and be thus perpetually solliciting their satisfaction; but rather reflect on that tenure whereby we hold what we already have, even that of superabundant mercy; and fear least like insolent beggars by the impudence of our demands we divert even that charity which was design'd us. In short let every man, when he computes what he wants of his desires, reckon as exactly how much he is short of his duty; and when he has duly ponder'd both, he will think it a very gentle composition to have the one unsupplied, so he may have the other remitted; and will see cause contentedly to sit down and say with honest *Mephiboshesh*, *What right have I to cry any more unto the King?* 2 Sam. 19. 28. But if it be thus with us upon the mere score of our imperfections, or omissions, what an obnoxious state do our
in-

innumerable actual sins put us in? If the spots of our sacrifices are provoking, what are our sacrileges and bold profanations? If those who neglect or forget God are lifted among his enemies, what are those who avowedly defy him? Indeed he that soberly considers the world, and sees how daringly the divine Majesty is daily affronted, cannot but wonder that the perversions of our manners, those prodigies in morality, should not be answer'd with as great prodigies in calamity too; that we should ever have other ruin then that of *Sodom*, or the earth serve us for any other purpose then to be, as it was to *Korah*, Num, 16. our living sepulcher.

6. NOR is this longanimity of God observable only towards the mass and collective body of mankind, but to every man in particular, Who is there that if he ransack his conscience, shall not find guilts enow to justify God in the utmost severities towards him? so that how much soever his punishments are short of that, so much he evidently owes to the lenity and compassion of God. And who is there that suffers in this world the utmost that God can inflict? We have a great many suffering capacities; and if those
were

SECT. V. *Of our Demerit towards God.* 97

were all fill'd up to the height, our condition would scarce differ from that of the damned in any thing but duration. But God is more merciful, and never inflicts at that rate on us here. Every mans experience can tell him, that God discharges not his whole quiver at once upon him but exemts him in many more particulars then he afflicts him; and yet the same experience will probably tell most of us, that we are not so modest in our assaults upon God; we attacque him in all his concerns (as far as our feeble malice can reach;) in his Sovereignty, in his honor, in his relatives, nay sometimes in his very essence and being. And as they are universal in respect of him, so also in regard of our selves: we engage all our powers in this war, do not only *yield* (as the Apostle speaks) *our members instruments of unrighteousness*, Rom. 6. 18. but we press them upon the service of sensual and vile lusts, even beyond our native propensions. Nor are only the members of our body, but the faculties of our souls also thus employed; our understandings are busied first in contriving sins, and then excuses and disguises for them; our wills are yet more sturdy rebels, and when the understand-

N ing

ing is beat out of all its out-works, yet suddenly keep their hold in spite of all conviction; and our affections madly rush on *like the horse into the battle*, Jer. 8. 6. deterred by nothing of danger, so there be but sin enough in the attempt.

7. And now with what face can people that thus pursue an hostility, expect that it should not be return'd to them? do's any man denounce war, and yet expect from his adversary all the caresses, the obligations of friendship? self-defence will prompt even the meekest nature to despoil his enemy at least of those things which he uses to his annoiance; and if God should give way even to that lowest degree of anger, where or what were we? for since we employ our whole selves against him, nothing but destruction can avert our injuries. But tis happy for us we have to do with one who cannot fear us, who knows the impotence of our wild attempts, and so allai's his resentment of our insolence, with his pity of our follies. Were it not for this, we should not be left in a possibility so oft to iterate our provocations; every wicked imagination and black design would be at once defeated and punisht by infatuation

on

on and frenzy : every blasphemous Atheistical speech would wither the tongue, like that *arm of Jeroboam* which he stretcht against the Prophet, 2 King. 13. 4. and every impious act would like the prohibited retrospect of *Lots Wife*, fix us perpetual monuments of divine vengeance.

8. AND then how much do we owe to the mercy and commiseration of our God, that *he suffers not his whole displeasure to arise*, Pla. 78. 39. that he abates any thing of that just severity he might use towards us ? He that is condemned to the Gallows, would think it a mercy to scape with any inferior penalty: why have we then such mean thoughts of Gods Clemency, when he descends to such low compositions with us ? corrects us so lightly as if twere only matter of ceremony and punctilio, the regard of his honor, rather than the execution of his wrath ? For alas let him among us that is the most innocent, and undeservedly afflicted, muster up his sins and sufferings, and he will see a vast inequality : and (had he not other grounds of assurance) would be almost tempted to think those were not the provoking cause, they are so unproportionably answered. He sins in innumerable instances, and is

punisht in few; he sin's habitually and perpetually, and suffers rarely and seldom; nay perhaps he has sometimes sinn'd with greediness, and yet God has punisht with regret and reluctancy, *How shall I give thee up O Ephraim?* Hos. 11. 8. And when all these disparities are consider'd, we must certainly join heartily in *Ezra's* confession, *Thou O God has punisht us less then our iniquities deserve,* Ezra. 9. 13.

9. NAY besides all our antecedent, we have after guilts no less provoking, I mean our ungracious repinings at the light chastisements of our former sins, our out-cries upon every little uneasiness, which may justly cause God to turn our whips into Scorpions; and according as he threatned *Israel* Lev. 26. 18. *to punish us yet seven times more.* And yet even this do's not immediately exasperate him. The Jews were an instance how long he could bear with a murmuring generation; but certainly we of this nation are a greater, *yet let us not be high-minded but fear,* Rom. 11. 20. for we see at last the doom fell heavy tho it was protracted, a succession of miraculous judgments pursued those murmurers, so that not one of them enter'd Canaan. And tis very
ob-

observable that whereas to other sins Gods denunciations are in scripture conditional and irreversibile; this was absolute and bound with an oath, *He swears in his wrath that they should not enter into his rest*, Psa. 95. 11. And yet if we compare the hardships of the Israelites in the wilderness, with most of our sufferings, we shall be forced to confess our mutinies have less temptation, and consequently less excuse; from whence tis very reasonable to infer, as the greatness of our danger if we persist, so the greatness of Gods long suffering towards us, who yet allows us space to reform: and sure new complaints sound very ill from us, who are liable to so severe an account for our old ones. I fear the most relign'd persons of us will upon recollection find, they have upon one occasion or other out-vied the number of the Israelites murmurs: therefore unless we will emulate them in their plagues, let us fear to add one more, lest that make up the fatal sum, and render our destruction irrevocable.

10. Upon all these considerations it appears how little reason any of us have to repine at our heaviest pressures; but there is yet a farther circumstance to be advert-
ed

ed to, and is too applicable to many of us, that is, that our sins are not only the constant meritorious cause of our sufferings, but they are also very often the instrumental cause also; and produce them not only by way of retaliation from God, but by a natural efficacy. *Solomon* tells us, he that loves pleasure, shall be a poor man, and that a whorish woman will bring a man to a piece of bread *Prov. 6. 29.* that he that sits long at the wine shall have redness of eyes, *Chap. 23. 29, 30.* that the slothful soul shall suffer hunger, *19. 15.* and all these not by immediate supernatural infliction from God, but as the proper genuine effects of those respective vices. Indeed God in his original establishment of things, has made so close a connexion between sin and punishment, that he is not often put to exert his power in any extraordinary way, but may trust us to be our own Lictors, our own *backslidings* reprove us *Jer. 2. 19.* and our iniquities are of themselves enough to become our ruine, *Exod. 18. 38.*

II. IT may therefore be a seasonable question for every man to put to himself, whether the troubles he labors under be not of this sort; whether the poverty he
com.

complains of, be not the effect of his riot and profusion, his sloth and negligence: whether when he cries out that *his comeliness is turn'd into corruption*, Dan. 10. 8. he may not answer himself, that they are his visits to the harlots houses which have thus made *rottenness enter into his bones*, Hab. 3. 16. whether when he is beset with contentions, and has wounds without cause, *he have not tarried long at the wine*; when he has lost his friend, whether he have not by some *trecherous wound*, Eccle. 22. 22. forced him to depart: or when he lies under infamy, whether it be not only the Echo of his own scandalous crimes. If he find it thus with him, certainly his mouth is stopt, and he cannot without the most disingenuous impudence complain of any but himself. He could not be ignorant that such effects did naturally attend such causes, and therefore if he would take the one, he must take the other also. No man sure can be so mad, as to think God should work miracles (disunite those things which nature hath conjoin'd) only that he may sin at ease, have all the bestial pleasures he can project, and none of the consequent smart. We read indeed God divided the sea, but
it

it was to make *the way for the ransomed of the Lord to pass over* Isa. 51. 10. those who were his own people, and went in at his command; but when they were secured, we find the waters immediatly return'd to their chanel, and overwhelmed the Egyptians, who ventured without the same warrant. And sure the case is alike here, when any man can produce Gods mandate for him to run into all excess of riot, to desecrate the temple of the holy Ghost, *and make his body the member of an harlot*, 1 Cor. 6. 15. In a word when God bids him do any of those things, which God and good men abhor, then and not before he may hope he may sever such acts from their native penal effects; for till then (how profuse soever some Legendary stories represent him) he will certainly never so bestow his miracles.

12. But I fear upon scrutiny there will appear a yet farther circumstance upon which to arraign our mutinies: for tho it be unreasonable enough to charge God with the ill effects of our own lewdness, yet tis a higher step to murmur because we have not materials to be wicked enough. And this I fear is the case with too many of us, who tho they are not
so

so dispoil'd by their sins, but that they can keep up their round of vicious pleasures, yet are discontented because they think some others have them more exquisite, think their vices are not Gentile enough, unless they be very expensive, and are covetous only that they may be more Luxurious. These are such as St. James speaks of, *who ask amiss, that they may consume it upon their lusts.* Jam. 4. 3. and sure to be mutinous on this account is one of the highest pieces of frenzy. Would any man in his wits tell another he will cut his throat, and then expect he should furnish him with a knife for it? And yet to this amount our murmurs against God, for his not giving us those things wherewith we only design to wage war with him. For surely if the discontents of mankind were closely inspected, I doubt a great many would be found of this kind. It concerns the Reader therefore to make the inquisition in his own breast, both in this and all the former particulars, and I doubt not, if he do it with any ingenuity and uprightness, he will be abundantly convinced that for his few mites of obedience he paies to God, he receives talents of mercies (even temporal)

O,

Cook's
 ral) from him : and that on the other side ,
 that God as much underpaies his sins, as he
 overpaies his services : by which God do's
 sufficiently attest how little he delights in
 our affliction, how gladly he takes any
 light occasion of caressing and cherishing,
 and over-skips those of punishing us.
 Which sure ought to make us convert all
 our displeasures against our sins, which ex-
 tort those acts of severity from him, to
 which his nature is most averse. And here
 indeed our resentments cannot be too
 sharp, but towards God our fittest address
 will be in the penitential form of the pro-
 phet Daniel, *O Lord, to us belongeth confu-
 sion of face, but to the Lord our God belong
 mercies and forgiveness, tho we have rebelled
 against him*, Dan. 9. 8. 9. And as his justice
 is to be revered in his afflictions, so is his
 wisdom also, in so disposing of events to
 particular persons, as may best consist with
 the universal Oeconomy and managery of
 the world, the consideration whereof is
 the design of the next Section.

SECT.

S E C T. VI.

Of Gods general Providence.

1. **W**HEN God made the universe, he intended not only to glorify himself in one transient act of his power, and then leave this great and wonderful production of his, as the *Ostrich* her eggs in the wilderness, Lam. 4. 3. but having drawn it out of its first Chaos, he secur'd it from returning thither again, by establishing as a due symmetry of parts, so also a regular order of motion: hence it is that the heavens have their constant revolutions, the earth its succession of determinate seasons, animals their alternate course of generation and corruption: and by this wise Oeconomy, the world after so many thousand years, seems still in its spring and first beauty. But it had bin in vain to have thus secured the defection of the creatures, if man for whose sake they were made had bin excluded from this care. His faculty of reason would

O 2

have

have made him but the most fatal instrument of confusion, and taught him the more compendious waies of disturbing the world. *Job* compares him to the wild asses colt. *Job* 11. 12. which takes its range without diverting to any thing of the common good. God has therefore doubly hedged in this unruly creature, made a fence of laws about him (both natural and positive) and besides has taken him into the common circle of his providence, so that he, as well as the rest of the creation, has his particular station assign'd him; and that not only in reference to other creatures, but himself; has put a difference between one man and another, ordained several ranks and Classes of men, and endowed them with special and appropriate qualifications for those stations wherein he has set them.

2. THIS, as it is a work of infinit wisdom in God, so it is of unspeakable advantage to men. Without this regular disposition, the world would have bin in the same confusion which we read of in the host of the Midianites, *every mans sword against his fellow*, *Jud* 7. 22. Nothing but force could determine who should do, or enjoy any thing; and even that decision also

also would have bin repelable by a greater force: so that we have all reason to confess the utility of that order God has set among men: and even he that bears the lowest and most despicable place in it, is certainly infinitely more happy by contributing to that general Harmony, then he could be in any state of discord.

3. WERE this now well consider'd, methinks it should silence all our complaints, and men should not be so vehemently concern'd in what part of the structure it pleases the great Architect to put them: for every man is to look on himself only as a small parcel of those materials which God is to put into form. Every stone is not fit for the corner, nor every little rafter for the main beam: the wisdom of the Master builder is alone to determin that. And sure there cannot be a more vile content of the divine wisdom then to dispute his choice. Had God wisdom enough to contrive this vast and beautiful fabric, and may he not be trusted with one of us poor worms? Did he by his *wisdom make the heavens, and by his understanding stretch out the clouds*, Pro. 3. 19. and shall he not know where to place a little lump of figur'd earth? this is certainly

tainly the most absurd distrust imaginable, and yet this is really the true meaning of our repining at the condition he has placed us in.

4. THE truth is, we are so full of our selves, that we can see nothing beyond it : every man expects God should place him where he has a mind to be, tho by it he discompose the whole scheme of his providence. But tho we are so senselessly partial, yet God is not so : he that comprehends at once the whole concern of mankind, applies himself to the accomodating those, not the humoring any particular person. *He has made the great and the small and careth for all alike*, Wisd. 6. 7. He is the common Father of mankind, and disposes things for the public advantage of this great family, and tis not all the impatient cravings of a froward child that shall make him recede from his designed method. We are apt enough, I am sure, to tax it not only as a weakness, but injustice too in a Prince, when he indulges any thing to a private favorite to the public disadvantage ; yet so unequal are we, that we murmur at God for not doing that, which we murmur at men for doing.

5. BE-

SECT. VI. *Of Gods general Providence.* 111

5. BESIDES a man is to consider, that other men have the same appetites with himself. If he dislike an inferior state, why should he not think others do so too? and then as the wise man speaks, *whose voice shall the Lord hear?* Eccclus. 34. 24. Tis sure great insolence in me to expect that God should be more concern'd to humor me, then those multitudes of others who have the same desires. And the more impatient my longings are, the less in reason should be my hopes; for mutiny is no such endearing quality as to render any man a darling to God. But if all men should have equal satisfactions, we should puzzle even Omnipotence it self. Every man would be above and superior; yet those are comparative terms, and if no man were below, no man could be above. So in wealth, most men desire more, but every man do's at least desire to keep what he has; how then shall one part of the world be supplied without the diminution of the other, unless there should be as miraculous a multiplication of treasure for mens avarice, as there was of Loaves for their hunger, Mat 16. 9. It was a good answer which the Ambassadors of an oppressed Province made to *Antony*, if O
Em.

Emperor, thou wilt have double taxes from us, thou must help us to double Springs and Harvests. And sure God must be at the expence of a new Creation, make us a double world, if he should oblige himself to satisfy all the unreasonable appetites of men : and if he satisfy not all, why should any particular person look that his alone should be indulged to ?

6. YET as unreasonable as it is, the most of us do betray such a perswasion. No man is discontented that there are lower, as well as higher degrees in the world, that there are poor as well as rich, but all sensible men assent to the fitness of it : yet if themselves happen to be set in the lower form, they exclaim as if the whole order of the world were subverted; which is a palpable indication that they think that Providence which governs others, should serve them, and distribute to them not what it, but themselves think good. This immoderate self-love is the spring and root of most of our complaints, makes us such unequal judges in our own concerns, and prompts us to put in Caveats and exceptions in our own behalf, as *David* did on his sons, *See that thou hurt not the young man Absalom ?* 2 Sam. 18. 15.

SECT. VI. *Of Gods general Providence.* 113

as if God were to manage the government of the world with a particular regard to our liking, and were like the Angels at *Sodom*, Gen. 19. 22. to *do nothing till we had got into Zoar*, had all our demands secured to us.

7. IT would indeed astonish a considering man to see, that altho the concerns of men are all disposed by an unerring Wisdom, and acknowledged by themselves to be so, yet that scarce any man is pleased. The truth is, we have generally in us the worser part of the Levellers principle, and tho we can very contentedly behold multitudes below us, yet are impatient to see any above us; not only the *foot* (to use the Apostles simile) *complains that it is not the hand, but the ear because it is not the eye*, 1 Cor. 12. 15. 16. Not only the lowermost, but the higher ranks of men are uneasy, if there be any one step above them. Nay so importunate is this aspiring humor, that we see men are forced to feed it tho but with air and shadows. He that cannot make any real advance in his quality, will yet do it in effigie, in all little gaieties and pageantries of it. Every degree in these respects not only emulates, but imitates its

superior, till at last by that impatience of their proper distance they make it greater, and sink even below their first state by their ridiculous profusion. Indeed the world seems to be so over-run with this vanity, that there is little visible distinction of degrees, and one had need go to the Heralds office to know mens qualities; for neither their habit nor equipage do now adaies inform us with any certainty.

8. BUT by all these it appears that men look on themselves only as single persons, without reference to the community whereof they are members. For did they consider that, they would endeavor rather to become the places wherein they were set, by doing the duties belonging to them, then be perpetually projecting for a change. A tree that is every year transplanted will never bear fruit, and a mind that is alwaies hurried from its proper station, will scarce ever do good in any. This is excellently exprest to us by Solomon, *As a bird that wandereth from his nest, so is a man that wandereth from his place*, Prov. 27. 8. Tis easy to divine the fate of those young ones from whom the dam wanders, and tis as easy to guess how the duties of that place will be performed.

formed, whose owner is alwaies upon the wing and making towards another. I wish we had not too costly experiments both in Church and State of the truth of this observation. Alas we forget that we are all servants to the same Master, and that he is to appoint in what office we shall serve him. How should we like it in any of our own families, to have an inferior officer leave his work undone, because he has more mind to be Major-Domo? Yet this insolence we every day repete towards God, fullenly dispute his orders, and unless we may chuse our own employments, will do nothing.

9. This evident this perverse temper of mankind breeds a great deal of mischief and disturbance in the world, but would breed arrant confusion and subversion, if it were suffer'd to have its full range. If God permit but one ambitious spirit to break loose in an age as the instrument of his wrath, what destruction do's it often times make? How do's it *cause the whole earth to tremble, and shake Kingdoms*, as is said of *Nebuchadnezzar*, Isa. 14. 16. and may be said of many others of those whole-sale robbers who have dignified the trade? But if every aspir-

ing humor should be as prosperous, where would it find fuel to maintain the flame? No doubt every age produces men of as unbounded desires as *Alexander* or *Cesar*, but God gives them not the same opportunities to trouble the world. And accordingly in the more petty ambitions of private men he often orders it so, that those soaring minds can find no benign gale to help their mounting. He that sets bounds to the sea, saying, *hitherto shalt thou come and no farther, and tho the waves thereof toss themselves yet can they not prevail, tho they roar yet can they not pass over*, Jer. 5. 22. do's also depress the swelling pride of men, hangs clogs and weights upon them that they cannot rise to their affected height. For tho we are all willing to forget it, yet God remembers that he is the Rector of the Universe, and will assert his Dominion. The subtilest contrivance cannot circumvent him, the most daring pretender cannot wrest any thing out of his hand, the *Lord will still be King, be the people never so impatient*, Psal. 99. 1. T will therefore sure be as well our prudence as our duty to *be still, and know that he is God*, Psal. 46. 10. with an humble dereliction of our own wills acquiesce in his

his, and not by ineffective struglings provoke, whom we are sure never to subdue. We may like unmanaged horses foam and fret, but still God has the bridle in our jaws, and we cannot advance a step farther then he permits us. Why should we then create torment to our selves by our repinings, which only sets us farther from our aims. Tis Gods declared method to exalt the lowly : and tis observable in the first two Kings of *Israel* who were of Gods immediate election, that he surprised them with that dignity when they were about mean and humble employments, the one searching his fathers Asses, the other keeping his fathers sheep : and would men honestly and diligently exercise themselves in the business of their proper calling, they might perhaps find it a more direct road to advancement, then all the sinister arts by which ambitious men endeavor to climb. *Solomon* sets it down as an Aphorism, *seest thou a man diligent in his business, he shall stand before Kings, he shall not stand before mean men*, Pro.22.29. But whether it happen to have that effect or no, it will have a better, for it will sweeten his present condition, divert his mind from mutinous reflections
on

on other mens height, and his own low-
ness; for tis commonly men who mind
not their work that are at so much lei-
sure to gaze. He that carefully plies his
own business will have his thoughts more
concentred. And doubtless tis no small
happiness to have them so; for tis their
gadding too much abroad, looking on
other mens conditions, that sends them
back (like *Dinah* deflowred) to put all
in an uproar at home. The son of *Syrach*
speaks with transportation of the state e-
ven of him that labors and is content,
and calls it *a sweet life*, Eccles 40. 18.
And certainly tis infinitely more so then
that of the greatest Prince whose mind
swells beyond his territories.

10. UPON all these considerations it
cannot but appear very reasonable that we
should leave God to govern the world:
not be putting in like the sons of *Zebedee*
for the highest seats; but contentedly rest
our selves where he has placed us, till his
providence (not our own designs) ad-
vance us. We can no where be so obscure
as to be hid from his eies; who as he va-
lued the widows mite above the great ob-
lations of the rich, so he will no less gra-
ciously accept the humble endeavors of the
mean,

SECT. VI. *Of Gods general providence.* 119

mean, then the more eminent services of the mighty ; himself having declared, that he accepts *according to what a man hath, and not according to what he hath not*, 2 Cor. 8. 12. so that in what rank soever a man is set , he has still the same opportunity of approving himself to God : and tho in the eie of the world he be a vessel of dishonor , yet in the day when God comes to *make up his Jewels*, Mal. 3. 17. there will be another estimate made of him who regularly moves in his own sphere. And sure he that sits down in this acquiescence is a happier man, then he that enjoys the greatest worldly splendor : but infinitely more so then he who impatiently covets but cannot attain them ; for such a man puts himself upon a perpetual rack , keeps his appetites up at the utmost stretch, and yet has nothing wherewith to satisfy them. Let therefore our ease if not our duty prompt us to acquiescence, and a ready submission to Gods disposals , to which we have yet a farther inducement from that distinct care he hath over every mans peculiar, by which he proportions to him what is really best for him ; of which we are farther to consider in the next Section.

S E C T.

SECT. VII.

Of Gods particular Providence.

1. **I**T is the imperfection of our finite nature that we cannot at once attend to divers things, but the more vehement our intention is upon one, the greater is our neglect of the rest. But Gods infinity cannot be so bounded; his eyes at once see, and his providence at once orders all the most distant and disparate things in the world. He is not such an Epicurean Deity, as to sequester himself wholly to the enjoiment of his own felicity, and to despise the concerns of poor mortals; but tho he have his *dwelling so high, yet he humbleth himself to behold the things in heaven and earth*, Psal. 113. 5. Nor do's his providence confine it self to the more splendid and greater parts of managery, the conduct of Empires and States, but it descends to the lowest parts of his creation, to the *fowls* of the air, to the *lilies* of the field, and then

then sure our Saviors inference as to mankind is irrefragable, *Are ye not much better then they?* Mat. 6. 26. If a sparrow (as he elsewhere tells his disciples) cannot fall to the ground without Gods particular notice, surely no human creature is less considerable to him; nay if our very hairens are numbred, we cannot think the excrecence is of more value then the stock, but must conclude that God with a particular advertence watches over the concerns of every man.

2. Now God being infinitely good, cannot thus attend us upon any insidious design of doing us mischief: he watches over us as a guardian not as a spy; and directs his observation to the more seasonable adapting his benefits. And as he is thus gracious in designing our advantage, so he is no less wise in contriving it. All things, saies the *Wiseman*, are not profitable for all men, Eccclus. 37. 28. Indeed nothing is absolutely good but God: all created things are good or ill in reference to that to which they are applied. Meat is good, but to a surfeited stomach tis not only nauseous but dangerous. Fire is good, but if put in our bosoms, not only burns our clothes but flesh.

Q

And

And as human wisdom directs the right application of these and the like, so the supreme and divine orders events according to the disposition of the person concern'd; *he knows our frame*, Psa. 103. 14. and discerns what operation such or such things will have upon us, while we who know neither our selves nor them can make but random guesses, and worse choices. And sure he that do's but thus in the general acknowledg Gods providence, goodness, and wisdom (which he is no Christian who do's not) has a sufficient amulet against all his sollicitudes, much more his repinings. He cannot think he suffers unawares to him who sees all things. He cannot think his sufferings are design'd for ill to him, because they are dispos'd by him who intends and projects his good. Nor can he fear those intentions can miscarry, which are guided by an infinit and unerring wisdom, and backt by an uncontrollable power. And sure this is as the Apostle speaks, Heb. 6. 18 *strong consolation*, if we would but duly apply it.

3. YET because general notions do often make but light impressions on us, it may not be amiss to make a little more inspection, and to observe how applica-

plicable they are to the several kinds of our discontents. Now those may be reduced to two: for either we are troubled at the want of something we desire, or at the suffering of something we would avert; so that the two notions of privative and positive, divide between them all our affliction.

4. THE first of these is usually the most comprehensive, for there are few who have not more torment from the apprehension of somewhat they want, than from the smart of any thing they feel. And indeed whilst our desires are so vagrant and exorbitant, they will be sure to furnish matter enough for our discontents. But certainly there is not in the world such a charm for them, as the consideration that God is more wise to discern, and more careful to provide what is really good for us than we our selves. We poor purblind creatures look only on the surface of things, and if we see a beautiful appearance, somewhat that invites our senses, we court it with the utmost earnestness; but God penetrates deeper, he sees to the bottom both of us and those things we desire, and finds often that tho they may please our appetite, they will hurt our

Q₂

health:

health: and will no more give them to us, then a careful father will to his child those gilded poisons he cries for. Perhaps this man is taken with the enchanting music of fame, likes not his own obscure station, but would fain present himself upon a more public Theater, come into the eye and croud of the world; but how little do's he know how he shall act his part there? whether he shall come off with a plaudite or a hiss? He may render himself but the more public spectacle of scorn; or if he do not that, he may by a better success feed up his vain glory to such a bulk, as may render him too great a weight for that tottering pinnacle whereon he stands: and so after he has made a towering circle, he may fall back with more ignominy to his first point. Another it may be no less eagerly desires wealth, thinks (as once *Cresus* did) that he that abounds in treasure cannot be empty of felicity. But alas how knows he how he shall employ it? There are two contrary temptations that attend riches; riots, and covetousness: and he is sure a little too confident, that dares promise himself that when there is such odds against him, he shall certainly chuse the one just mean; and

and if he do not, he do's only inflame his account at the great Audit. Besides the more wealth he has, the fairer booty he is to the avarice of others; and it has bin often seen, that many a man had not died so poor, if he had lived less rich. Another perhaps thinks not himself so much to want wealth as children to heir it, and complains *with Abraham, Lord, what wilt thou give me seeing I go childless?* Gen. 15. 2. yet how knows he whether that child he so much desires *shall be a wise man or a fool*, Eccle. 2. 19. a comfort or a vexation to himself if he lives to see his proof, and if he do not, he do's but project for an access to his dying cares in what hands to leave him. *Rachel* solicited this satisfaction with the greatest impatience, *Give me children or I die*, Gen. 30. 1. and tis observable that the grant of her wish proved the loss of her life.

5. THUS in these and innumerable other instances we drive on blindfold, and very often impetuously pursue that which would ruin us: and were God as short-sighted as we, into what precipices should we minutely hurry our selves? or were he so unkind as to consider our impotunity more then our interest, we should quick.

quickly sink under the weight of our own wishes, and, as *Juvenal* in his tenth Satyr excellently observes, perish by the success and grant of our Prayers. I suppose there is no man that soberly recollects the events of his life, but can experimentally say, he has sometimes desired things which would have bin to his mischief if he had had them, and that himself has after lookt on the denial as a mercy: as on the other side when he has prosper'd in his aims, and had what his soul lusted after, it has bin but like the Quails to the *Israelites*, a conviction and punishment, rather than a satisfaction. And now surely God may complain of us as he did of *Israel*, *How long will it be ere you believe me?* Num. 14. 11. After all the attestation he has given of his care and providence over us, after all the experiments we have had of the folly of our own elections, we cannot yet be brought either to distrust our selves, or rely upon him. We will still be chusing, and look on him as no farther concern'd, than as the executioner of our designs.

6. THIS is certainly a strange perverseness, and such as no sensible man would be guilty of in any other instance. In all

our

our secular affairs we trust those whom we have cause to think understand them better then our selves, and rely upon men in their own faculty. We put our estates into the Lawyers hand, our bodies into the Physicians, and submit to their advice tho it be against our humor, meerly because we account them more competent judges. Yet this deference we cannot be perswaded to pay to God, but will still be prescribing to him, and are very angry if his dispensations do not exactly answer our fancies. And can we offer him a greater affront then thus to distrust him? What is it but interpretatively to deny either his wisdom, or his goodness, or both, and so derogate from him in two of his essential Attributes? For there can be no rational account given by any who believe those, why they should not remit their whole concerns to him. So that the short account is, that in our distrusts we either deny him to be God, or our selves to be men, by resisting the most evident dictates of that reason which distinguishes us from brutes. For certainly there is not in human discourse a more irrefragable Maxim, then that we ought for our own sakes, to resign our selves
to

to him, who we are infallibly sure, can, and will, chuse better for us, then we for ourselves.

7. THIS was so apparent by mere natural light, that *Socrates* advised men to pray only for blessings in general, and leave the particular kinds of them to Gods election, who best knows what is good for us. And sure this is such a piece of Divinity, as extremely reproches us Christians, who cannot match a Heathen in his implicit faith in God. Nay indeed 'tis the vilest defamation upon God himself, that we who pretend to know him more, should trust him less. So that we see our repinings do not terminate in their own proper guilt, but do in their consequences swell higher, and our discontents propagate themselves into Blasphemy. For while we impatiently complain of our wants, we do tacitly tax God to want either that wisdom, power, or love, whereby he should supply us. And sure he must be very Atheistical to whom this will not give a competent prejudice against this sin.

8. AND this very consideration will equally prejudg the other branch of our discontents, I mean those which repine

at

at the ills we suffer. And not only our privative, but our positive afflictions may by it have their bitterness taken off: for the same goodness and wisdom which denies those things we like, because they are hurtful for us, do's upon the very same reason give us those distastful things which he sees profitable. A wise Physician do's not only diet, but if occasion be purge his patient also. And surely there is not such a purifier, such a cleanser of the soul as are afflictions, if we do not (like disorderly patients) frustrate their efficacy by the irregular managery of our selves under them.

S E C T. VIII.

Of the Advantage of Afflictions.

1. **I**T were the work of a Volume to give an exact and minute account of the benefit of Afflictions. I shall only point at some of the more general and obvious. And first it is one of the most awakening calls to repentance; and to this end it is that God most usually designs it. Wee see the whole scene of it. *Hos. 5. 15. I will go & return to my place, till they acknowledge their offence, and seek my face in their affliction they will seek me early:* and in the very next verse we find this voice of God echoed forth by a penitential note, *Come and let us return unto the Lord, for he hath smitten, and he will heal us, he hath smitten and he will bind us up.* Thus we find the Brethren of *Joseph*, tho there had a long interval passed betwixt their barbarous usage of him, and his feigned rigor to them, yet when they saw themselves distress'd by the one, then they began to recollect the other,

SECT. VIII. *Advantage of Afflictions.* 131

other saying, *We are verily gully concerning our brother*, Gen. 42. 21. Prosperity is an intoxicating thing, and there are few brains strong enough to bear it; it laies us a sleep, and amuses us with pleasant dreams, whilst in the mean time *Satan* rifles our treasures, and spoils us by the deceitful charmes of sin of our innocency and real happiness. And can there be a more friendly office don for a man in this condition, then to rouse him, and bring him to apprehend the designs that are laid against him? And this is the errand on which afflictions are sent: so that we have reason to look on them as our friends and confederates that intend our rescue, and to take the alarm they give us, and diligently seek out those intestine enemies of which they warn us. And he that instead of this quarrels at their interposing, thinks them his *enemies because they tell him the truth*, Gal. 4. 6. do's miserably pervert *the counsel of God against himself*, Luk. 7. 30. and may at last verify his own jealousies; and by so provoking an ingratitude, convert those into the wounds of an enemy, which were originally meant as the corrections of a Father.

2. AND as afflictions do thus in general admonish us of sins, so it pleases God most frequently so to model and frame them that they bear the very image and impress of those particular guilts they are to chastise, and are the dark shadowes that attend our gay delights, or flagrant insolencies. The wise man observes, that the turning the Egyptian waters into blood was a manifest reproof of that cruel commandment for the murdering of the Hebrew infants, Wisd. 12. 5. And surely we might in most, if not all our sufferings, see some such corresponding circumstances, as may lead us to the immediate provoking cause of it. God who do's all things in number, weight, and measure, do's in punishments also observe a symmetry and proportion, and adapts them not only to the heinousness, but even the very specific kind of our crimes. The only fixt immutable rule he has given for his Vice-gerents on earth to punish by, is that in the case of murder, which is we see grounded on this rule of proportion, *He that sheddeth mans blood, by man shall his blood be shed*, Gen. 9. 6. And tho he have now rescinded the inferior relations of the *eye for the eye, the tooth*
for

for the tooth, Exod. 21. 24. (probably for the hardness of our hearts, because he saw our revengeful natures would be too much pleased with it) yet he has not precluded himself from acting by those measures, but we see he do's very often signally make men feel the smart of those violencies or injustices they have used to others. Of this the sacred story affords several examples (as *Adonibezek*, Jud. 1. 6. and *Ahab*, 1 Kings 21. 19.) and profane many more, and daily experience and observation most of all. And tho this method of retaliation is not alwaies so evident and apparent to the world, because mens sins are not alwaies so; yet I believe if men would duly recollect, it would be for the most part discernable to their own consciences, and they would apparently see, that their calamities did but trace the footsteps of their sins.

3. Nowv if we rightly weigh this, we cannot but think it a very advantageous circumstance. We are naturally blind when we look inward, and if we have not some adventitious light to clear the object, will be very apt to overlook it. Therefore since the end of all our afflictions is our repentance, it is a wise and gracious disposal

point, that they do thus point to as whole particular sins of which we are to repent. The body of sin will not be destroyed in the whole entire bulk, but must be dismembred, pull'd in peices limb by limb. He that attaques it otherwise, will be like *Sertorius's* soldier, who ineffectively tugg'd at the Horses tail to get it off at once, when he that pull'd it hair by hair, quickly did it. Therefore as it is a great part of our spiritual Wisdom to know in what especial parts the *Sampson*-like strength of our corruptions lie, so it is a great instance of Gods care of us, thus by his corrections to discipline and instruct us in it.

4. IN all our afflictions therefore it is our concern, nicely and critically to observe them. I mean not to enhance our murmurs and complaints, but to learn by them what is Gods peculiar controversy against us. This is indeed *to bear the rod, and who hath appointed it*, Mich. 6. 9. Let him therefore that suffers in any of his concerns, examine whether he have not some corresponding guilt which answers to it, *as face answers face*; Prov. 27. 19. He that is impoverished in his estate, let him consider first how he acquired it, whether there were not something of fraud

or

or
mo
fitt
ther
from
if n
que
it;
el o
obj
valu
affli
tor
ry s
it h
whe
sent
jout
drun
soul,
ner
Psal
emp
purp
reaso
that
unde
whet
part

or injustice, which like a cankerous humor, mixt in its very elements and constitution, and ate out its bowels: or whether some sacrilegious prize, some coal from the altar have not fired his nest. Or if nothing can be charged upon the acquit, let him consider how he has used it; whether he have not made it the fuel of his lusts, in riot and excesses, or the object of his adoration in an inordinate value of it. In like manner he who is afflicted in his body, groans under the torment of some grievous disease, may very seasonably interrogate himself, whether it have not bin contracted by his vice, whether *his bones be not* (in a more literal sense then *Job* meant it) *full of the sins of his youth*, *Job* 20. 11. and his surfeiting and drunkennets be not the cause, *that his soul*, as the Psalmist speaks, *abhors all manner of meat, and is even hard at death's door*, *Psalm* 107. 18. or at least whether the not employing his health and strength to those purposes for which twas given, is not the reason of its being withdrawn. He also that is invaded in his reputation, that lies under some great infamy, is to consider whether it be not deserved; whether some part if not the whole guilt of which he

is

is acculed, stick not to him: or if he be clear in that particular instance, whether some concealed sin of his would not if it were known, incur as great scandal: for in that case he has in right forfeited his reputation, and God may make the seizure as well by an unjust, as a just accusation. Or if his heart accuse him not here, yet let him farther reflect, whether his vain-glorious pursuits of praise and high conceits of himself, have not made this an apt and necessary humiliation for him. Or lastly let him recollect how he has behaved himself towards others in this kind: whether he have had a just tenderness of his neighbors fame, or have not rather exposed and prostituted it. In these and many other instances such a particular scrutiny, would (in all probability) discover the affinity and cognation betwixt our guilts and our punishments, and by marking out the spring and fountain head, direct us how to stop or divert the current. And he that would diligently employ himself in this inquisition, would find little leisure and less cause to condole his afflictions, but would divert all his complaints upon himself, *accept of the punishment of his iniquity*

SE
ty
wa
fig
us
its
self
tha
wit
ten
wh
fina
mu
con
God
stor
upo
very
mid
of p
wor
veig
God
her
frow
frigh
may
las,
hum

SECT. VIII. *Advantage of Afflictions.* 137.

ty and thank the Lord for thus giving him warning, Pſal. 16. 8.

5. A ſecond benefit which God deſigns us in our afflictions is the weaning us from the world, to diſentangle us from its fetters and charms, and draw us to himſelf. We read in the ſtory of the *Deluge*, that ſo long as the earth was covered with waters the very *Raven* was contented to take ſhelter in the Ark, but when all was fair and dry, even the *Dove* finally forſook it, Gen. 8. 12. And tis much ſo with us: the worſt of men will commonly in diſtreſſes have recourſe to God (the very heathen mariners in a ſtorm could rebuke *Jonah* for not calling upon his God, Jon. 1. 6.) when yet the very beſt of us, are apt to forget him amidſt the blandiſhments and inſinuations of proſperity. The kind aſpects of the world are very enchanting, apt to inveigle and beſot us, and therefore it is Gods care over us, to let us ſometimes ſee her more averting countenance in her frowns and ſtormes; that, as children frightened by ſome ugly appearance, we may run into the arms of our father. Alas, were all things exactly fitted to our humors here, when ſhould we think of a

S

remove?

remove? and had not death some harbingers to prepare us for him, what a surprising guest would he be to us? This storied of *Antigonus*, that seeing a soldier in his camp, or so daring a courage that he alwaies courted the most hazardous attempts, and observing him also of a very infirm sickly habit, he took a particular care of him, and by medicines and good attendance recovered him; which no sooner he had don, but the man grew more cautious, and would no longer expose himself as formerly; and gave this reason for it, that now he was healthy his life was of some value to him, and not to be hazarded at the same rate, as when it was only a burden: and should God cure all our complaints, render us perfectly at ease, I fear too many of us would be of the soldiers mind, think our lives too good to resign to him, much more to hazard for him, as our Christianity in many cases obliges us. The son of *Syrach* observes, how *dreadful death is to a man that is at rest in his possessions, that hath abundance of all things, and hath nothing to vex him*: nay he descends much lower, and puts in, him *who is yet able to receive meat*, Eccl. 14. 1. The truth is we do so passionately

ly

SECT. VIII. *Advantage of Afflictions.* 139

ly dote upon the world, that like besotted lovers, we can bear a great deal of ill usage, before we quit our pursuit. Any little slight favor atones us after multiplied affronts, and we must be disciplined by repeated disapointments, ere we can withdraw our confidence. But how fatally secure should we be, if God should permit this Syren alwaies to entertain us with her music, and should not by some discordant grating notes, interrupt our raptures, and recal us to sober thoughts?

6. INDEED tis one of the highest instances of Gods love, and of his clemency also, thus to project our reducement. We were all in our Baptism affianced to him, with a particular abrenunciation of the world, so that we cannot without the greatest disloyalty cast our selves into its embraces; and yet when we have thus *broken the covenant of our God*, Prov. 2. 17. he do's not pursue with a jealous rage, with the severity which an abused rival'd kindness would suggest; doth not give us a bill of divorce and disclame his relation, but contrives how he may reclame and bring us back to himself. The transcendency of this lenity God excellently describes by the prophet in the case of Israel,

They say if a man put away his wife, and she become another mans, shall he return unto her again? but thou hast played the harlot with many lovers, yet return unto me saith the Lord, Jer. 3. 1. And this tho a great height of indulgence, is no more then he daily repetes to us. After we have basely adulterated with the world, converted our affections from God to it, he do's not give us over, abandon us to our leud course, and consequent ruin; but still invites our return; and lest that may not serve, he do's with a great deal of holy artifice essay to break that accursed League into which we are enter'd, pulls off the disguise in which the world courted us, and makes us see it as it is in it self, a scene of *vanity and vexation of spirit*, Eccles. 1. 14.

7. And as he do's this in general, so also with a particular application to those temporal satisfactions wherewith we were most transported. The things to which we are more indifferent do not so much endanger us; tis those upon which we have more vehemently set our hearts which become our snares, and awake his jealousy; and accordingly we frequently see that tis in those he chuses to crosse us. How

of.

often do's it happen that those which are enamoured of themselves, dote upon their own features, do meet with some disease or accident which blasts their beauty, withers that fair flower, and makes their winter overtake their spring? So in our friends and relations tis usually seen, we soonest lose those for whom we have the greatest, the most immoderate passion. If there be one fondling among our children, tis odds but that is taken away, or made as much the object of our grief and sorrow, as ever it was of our joy and love. When God sees our hearts so excessively cleave to any transitory thing, he knows tis necessary to sever them; for whilst we have such clogs upon us, *our souls will cleave to the dust.* Psal. 119. 1. will not be able to soare up to the higher region for which they are design'd.

8. IN a word God so loves us, that he removes whatever he sees will obstruct that intimate union which he desires with us: and sure this is so obliging, that tho he should bid us to our loss, tho he could not recompence us for what he takes from us, yet we must be very ill natur'd if we can be angry at so much kindness. But
when

when to this is added that all this is principally, nay solely design'd for our advantage, that God takes from us all these emty delusory contentments, merely that he may instate us in solid and durable joies; we betray as much ignorance of our interest, as insensibleness of our obligation, if we repine that God makes us so much his care. Tis true indeed, the things to which we have so inordinately adhered, do stick so close, that they cannot be pull'd away without some pain: yet for our corporal security we can endure the sundring of parts that do not only cleave, but grow to us. He that has a gangren'd member, suffers it to be cut off to save his whole body, and do's not revile, but thank and reward the Chirurgion. Yet where our souls are concern'd, and where the things have no native union with us, but are only cemented by our passions, we are impatient of the method, and think God deals very hardly with us, not to let us perish with what we love. The sum of all is this, God tho he be abundantly condescending, yet he will never stoop so low as to share his interest in us with the world: if we will devote our selves to it, tis not all our emty forms of service will satisfy
him,

him: if he cannot divorce our hearts from it, he will divorce himself eternally from us. And the case being thus, we are sure very ill advised if we do not contentedly resign our selves to his methods, and cheerfully endure them how sharp soever. The only expedient we have for our own ease, is to shorten the cure by giving our assistance, and not by struglings to render it more difficult and painful. Let us entirely surrender our wills to him, and when we have don that, we may without much pain let him take any thing else. But the more difficult we find it to be disentangled from the world, the greater should our caution be against all future engagements to it. If our escape hath bin as the Apostle saies, *so as by fire*, Jud. 23. with much smart and hazard, let us at least have so much wit, as the common proverb allows children, and not again expose our selves. Let us never glue our hearts to any external thing, but let all the concerns of the world hang loose about us: by that means we shall be able to put them off insensibly when ever God calls for them, or perhaps we shall prevent his calling for them at all, it being for the most part, our too close adhesion to them which prompts him to it.

9. A third advantage of afflictions is, that it is a mark and signature of our adoption, a witness of our legitimization. *What son is he* (saith the Apostle) *whom the Father chastiseth not? but if ye be without chastisement whereof all are partakers, then ye are bastards and not sons*, Heb. 12. 7, 8. Jacob clad his dearling Joseph in a party-coloured Coat, and Gods favorites do here wear a Livery inter-woven with a mixture of dark and gloomy colors; their *long white robes* are laid up for them against they come to the *marriage of the Lamb*, Rev. 19. 7. Indeed we much mistake the design of Christianity, if we think it calls us to a condition of ease and security. It might suit well enough with the votaries of the Golden Calf, to *sit down to eat and drink and rise up to play*, Exod. 32. 6. but the disciples of the crucified Savior are trained to another discipline; our profession enters us into a state of warfare, and accordingly our very Baptismal engagement runs all in military terms, and we are not only servants of Christs family, but soldiers of his Camp. Now we know in a war men must not expect to pass their time in ease and softness, but besides all the dangers and dif-

fi

s, difficulties of the combat, have many other
 d. hardships to endure; hunger and thirst,
 n. heat and cold, hard lodgings and weary
 m. marches: and he that is too nice for those,
 h. will not long stick to his colors. And
 s, it is the same in our spiritual warfare, ma-
 2. ny pressures and sufferings are annexed to
 a it, and our passive valor is no less tried
 tes then our active. In respect of this it is
 ith that our Savior admonishes his Proselytes
 rs; to compute first the difficulties incident
 em to their profession, and that he may not
 the ensnare us by proposing too easie terms,
 ni. he bids us reckon upon the worst, and
 nk tells us, that he *that forsakes not all that*
 se. *he hath, shall not be his disciple*, Luk. 14. 26.
 ith *and that we must thro much tribulation enter*
 sit *into the kingdom of God*, Act. 14. 22. In-
 ay, deed twere very absurd for us to expect
 cru. easier conditions, when these are the same
 dif. to which our Leader has submitted. The
 tate *Captain of our Salvation was perfected by*
 Sap. *sufferings*. Heb. 2. 10. *and if it behooved*
 ary *Christ to suffer before he enter'd into his glory*,
 s of Luk. 24. 46. it were insolent madness for
 mp. us to look to be carried thither upon our
 ex. beds of Ivory, or from the noise of our
 oft. harps and viols, be immediatly rapt into
 dif. the Chaire of Angels.

T

3 THIS

8. **THIS** has bin so much consider'd by pious men, that they have lookt upon their secular prosperities with fear and jealousy, and many have solemnly petition'd for crosses, as thinking them the necessary attestation of their son-ship, and means of assimilation to their elder brother. Why then should that which was so desirable to them, appear so formidable to us? or why should we so vehemently deprecate, what they so earnestly invited? If we indeed think it a privilege to be the sons of God, and fellow-heirs with Christ, why do we grudge at the condition? The Roman Captain tells *St. Paul*, that he obtained the immunities of a Roman *with a great sum*, *Act. 22. 28.* and shall we expect so much a nobler and more advantageous adoption perfectly *gratis*? look that God should change his whole Oeconomy for our ease, give us an eternal inheritance discharged of those temporal incumbrances himself has annexed to it. This were sure as unjust a hope as it would be a vain one. When *David* had that ensnaring proposal made him of being the Kings Son-in-law, *1 Sam. 18. 21.* he set such a value upon the dignity, that he despised the difficulty of the condition: and sure

sure we must have very low abject souls, if when so infinitely a higher advancement is sincerely offer'd us, we can suffer any apprehension of hardship to divert us. In a word let us remember that of the Apostle, *if we suffer, we shall also reign with him*, 2 Tim. 2. 12. And tho our afflictions be in themselves not joious but grievous, yet when they are consider'd as the earnest of our future inheritance, they put on another face, and may rather enamour then fright us.

9. A fourth advantage of afflictions is, that they excite our compassions towards others. There is nothing qualifies us so rightly to estimate the sufferings of others, as the having our selves felt them: without this our apprehensions of them are as dull and confused, as a blind mans of colors, or a deaf man of sounds. They *that stretch themselves upon their couches, that eat the lambs out of the flock, and the calves out of the midst of the stall: that chaunt to the sound of the viol, drink wine in bowels, and anoint themselves with the chief ointments, will not much be grieved with the afflictions of Joseph.* Am. 6. 4. Nay so necessary is our experience towards our commiseration, that we see 'twas thought a requisite

accomplishment of our high Priest (that highest example of unbounded compassion) and therefore saith the Apostle, *It behooved him in all things to be made like his brethren, that he might be a merciful and faithful high priest in things pertaining to God, to make reconciliation for the sins of the people, for in that he himself hath suffer'd being tempted, he is able also to succour them that are tempted,* Heb. 2. 17, 18. But if he, whose mere sense of our miseries brought him down to us, chose this expedient to advance his pity, how necessary is it to our petrified bowels? And since God has assign'd our mercies to our brethren, as the standard by which he will proportion his to us, 'tis more ours than their advantage to have them enlarged: so that when by making us tast of their cup, acquainting us with the bitter relish of their sufferings, he prepares us to a Christian sympathy with them, 'tis but a remoter way of obliging, and qualifying us for a more ample portion of his mercy. Nay besides the profit, there is honor accrues to us by it. Compassion is one of the best properties of our nature, and we unman our selves when we put it off; nay more 'tis an attribute of the Divinity,

nity, and the more we advance in it, the closer approaches we make to him. And therefore we have all reason to bless him for that discipline by which he promotes in us so excellent, so necessary a grace.

10 A fifth benefit of afflictions is, that it is an improvement of devotion, sets us with more heartiness to our prayers. Whilst prosperity flows in upon us we bask our selves in its streams, but are very apt to forget its source; so that God is fain to stop the current, leave us dry and parched, that our needs may make us, do what our gratitude would not, trace our blessings up to the original spring, and both acknowledg and invoke him as the Author of all our good. This effect of afflictions is observ'd by the Prophet, *Lord in trouble have they visited thee, they poured out a prayer when thy chastning was upon them*, Isa. 26. 16. And I believe I may appeal to every mans experience, whether his prayers be not more frequent and more hearty too, when he is under some distress. Then how importunate are we in our petitions? how profuse in our vows and promises? saying with Israel, *deliver us only we pray thee this day: and they put away the strange Gods from among them,*
and

and served the Lord. Jud. 10. 15. I confess tis no good indication of our temper, that we need thus to be put in the press ere we will yield any thing? yet since we are so disingenuous, tis a mercy in God to adapt his methods to us; to extort when we will not give, and if he can have no free-will offerings, yet at least to exact his tribute. Nor do's he design the effect of this should cease with the calamity that rais'd it, but expects our compell'd addresses should bring us into the way of voluntary ones, and happily ensnare us into piety. And indeed herein are we worse then brutish if it do not. We think it a barbarous rudeness to engage a man in our affairs, and as soon as we have served our own turns, never take farther notice of him. Nay indeed the very beasts may lecture us in this piece of Morality, many of them paying a signal gratitude where they have received benefits: and shall we not come up at least to their pitch? shall not the endearment of our deliverance bring our deliverer into some repute and consideration with us, and make us desire to keep up an acquaintance and intercourse with him? Yet if ingenuity work not with us, let interest at least prevail,

vail, and the remembrance how soon we may need him again, admonish us not to make our selves strangers to him. God complains of Israel; *wherefore say my people we are Lords? we will come no more at thee*, Jer. 2. 31. A very insolent folly to renounce that dependance by which alone they subsisted: and no less will it be in any of us if we stop our recourse to him because we have had advantage by it. We have no assurance that the same occasion shall not recur; but with what face can we then resume that intercourse which in the interval we despised? So that if we have but any ordinary providence, we shall still so celebrate past rescues as to continue in a capacity of begging more, and then we cannot but also confess the benefit of those first calamities which inspirited our devotion, and taught us to pray in earnest, and will be ashamed that our thanks should be uttered in a fainter accent than our petitions; or our daily spiritual concerns should be more coldly solicited than our temporal accidental ones.

II. **NOR** is it only our devotion that is thus improved by our distresses, but many other Graces; our faith, our hope, our patience,

ence, our Christian sufferance and fortitude. It is no triumph of faith to trust God for those good things which he gives us in hand, this is rather to walk by sense than faith, but to rely on him in the greatest destitution, *and against hope to believe in hope*. This is the faith of a true child of *Abraham* and will *be imputed* to us (as it was to him) *for Righteousness*, Rom. 4. 23. So also our patience owes all its opportunities of exercise to our afflictions, and consequently owes also a great part of its being to them, for we know desuetude will lose habits. What imaginable use is there of patience, where there is nothing to suffer? In our prosperous state, we may indeed employ our temperance, our humility, our caution; but patience seems then a useless vertue: nay indeed for ought we know may be counterfeit, till adversity bring it to the test. And yet this is the most glorious accomplishment of a Christian, that which most eminently conforms him to the Image of his Savior, whose whole life was a perpetual exercise of this grace; and therefore we love our ease too well, if we are unwilling to buy this pearl at any price.

SECT. VIII. *Advantage of Afflictions.* 153

12 LASTLY our thankfulness is (at least ought to be) increas'd by our distresses. 'Tis very natural for us to reflect with value and esteem upon those blessings we have lost, and we too often do it to aggravate our discontent: but sure the more rational use of it is to raise our thankfulness for the time wherein we enjoyed them. Nay not only our former enjoyments, but even our present deprivations deserve our gratitude, if we consider the happy advantages we may reap from them. If we will perversely cast them away, that unworthy contempt pays no scores, for we still stand answerable in Gods account for the good he design'd and we might have had by it, and we become liable to a new charge for our ingratitude in thus *despising the chastisement of the Lord*, Heb. 12. 5.

13. AND now if all these benefits of afflictions (which are yet but imperfectly recited) may be thought worth considering, it cannot but reconcile us to the sharpest of Gods methods; unless we will own our selves such mere animals, as to have no other apprehensions then what our bodily senses convey to us; for sure he that has reason enough to under-

U stand

stand that he has an immortal soul, cannot but assent that its interests should be served, tho with the displacency of his flesh. Yet even in regard of that, our murmurings are oft very unjust, for we do many times ignorantly prejudg Gods designs towards us even in temporals, who frequently makes a little transient uneasiness the passage to secular felicities. *Moses* when he fled out of Egypt, probably little thought that he should return thither a *God unto Pharaoh*, *Exod. 4. 16.* and as little did *Joseph* when he was brought thither a slave, that he was to be a ruler there: yet as distant as those states were, the divine providence had so connected them, that the one depends upon the other. And certainly we may often observe the like over-ruling hand in our own distresses, that those events which we have entertained with the greatest regret, have in the consequences bin very beneficial to us.

14. To conclude, we have certainly both from speculation & experience abundant matter to calm all our disquiets, to satisfy our distrusts, and to fix in us an entire resignation to Gods disposals, who has designs which we cannot penetrate, but
none

SECT. VIII. Advantage of Afflictions. 145

none which we need fear, unless we our selves pervert them. We have our Saviors word for it, that *he will not give us a stone when we ask bread, nor a scorpion when we ask a fish*, Mat. 7. 9. Nay his love secures us yet farther from the errors of our own wild choice, and do's not give us those stones and scorpions which we importune for. Let us then leave our concerns to him who best knows them, and make it our sole care to entertain his dispensations with as much submission and duty, as he dispences them with love and wisdom. And if we can but do so, we may dare all the power of earth and hell too, to make us miserable: for be our afflictions what they can, we are sure they are but what we in some respect or other need; be they privative or positive, the want of what we wish, or the suffering of what we wish not, they are the disposals of him who cannot err, and we shall finally have cause to say with the Psalmist, *It is good for me that I have bin afflicted*, Psal. 119. 71.

S E C T. IX.

*Of our Misfortunes compared with
other mens.*

WE come now to impress an equally just and useful consideration, the comparing our misfortunes with those of other mens: & he that do's that, will certainly see so little cause to think himself singular, that he will not find himself superlative in calamity; for there is no man living that can with reason affirm himself to be the very unhappiest man, there being innumerable distresses of others which he knows not of, and consequently cannot bring them in balance with his own. A multitude of men there are whose persons he knows not, and even of those he do's, he may be much a stranger to their distresses; many sorrows may lie at the heart of him who carries a smiling face, and many a man has bin an object of envy to those who look but on the surface of his state, who yet to those who know his private griefs appears more worthy of compassion. And sure this confused uncertain

tain estimate of other mens afflictions, may divert us from all loud out-cries of our own. *Solon* seeing a friend much oppress'd with grief, carried him up to a town that over-lookt the City of *Athens*, and shewing him all the buildings, said to him, consider how many sorrows have, do, and shall in future Ages inhabit under all those roofs, and do not vex thy self with those inconveniencies which are common to mortality, as if they were only yours. And sure twas good advice : for suffering is almost as inseparable an adjunct of our nature, as dying is: yet we do not see men very apt to imbitter their whole lives by the fore-sight that they must die, but seeing it a thing as universal as inevitable, they are more forward to take up the *Epicures* resolution, *Let us eat and drink, for to morrow we die*, 1 Cor. 15. 32. And why should we not look upon afflictions also as the common lot of humanity, and as we take the advantages, so be content to bear the incumbrances of that state?

2. B U T besides that implicate allowance that is thus to be made for the unknown calamities of others, if we survey but those that lie open and visible to us, the most of us shall find enough to discourage.

countenance our complaints. Who is there that when he has most studiously recollected his miseries, may not find some or other that apparently equals, if not exceeds him? He that stomacs his own being contemn'd and slighted, may see another persecuted and oppress'd. He that groans under some sharp pain, may see another afflicted with sharper: and even he that has the most acute torments in his body, may see another more sadly cruciated by the agonies of his mind. So that if we would but look about us, we should see so many foreign occasions of our pity, that we should be asham'd to confine it wholly to our selves.

3. It will perhaps be said that this cannot be universally true, for that there must in comparative degrees be some lowest state of misery: I grant it, but still that state consists not in such an indivisible point, that any one person can have the inclosure; or if it do, twill be so hard for any to discern who that one person is, that I need desire no fairer a composition, then to have every man suspend his repinings, till he can evince his title. But alas there are but few that can make any approaches to such a pretence: for tho if we advert to
mens

mens complaints, we should think all degrees of comparison were confounded, and every man were equally the greatest sufferer; yet certainly in the truth of things tis nothing so: for (not to repeat what was before mention'd, that probably no man is miserable in any proportion to the utmost degree of possibility) the remarkably unhappy are very far the less number. And how passionately so ever men exaggerate their calamities, yea perhaps in their sober mood, they will scarce change states with those whom they profess to think more happy than themselves. It was the saying of *Socrates*, that if there were a common bank made of all mens troubles, most men would rather chuse to take those they brought, then to venter upon a new dividend. And indeed he had reason for his supposition; for considering how great a part of many mens afflictions are of their own making, fictitious and imaginary, they may justly fear least they should exchange feathers for lead, their own empty shadows for the real and pressing calamities of others, and cannot but think it best to sit down with their own, which serves their declamations as well, and their ease much better. We
oft

oft see men at a little miſhaping of a garment, a ſcarce diſcernable error in their cook, or their ſhortest interruption in their ſports, in ſuch tranſports of trouble, as if they were the moſt unfortunate men in the world; yet for all that you ſhall hardly perſwade them to change with him whoſe courſe clothings ſuperſedes all care of the faſhion, whoſe appetite was never diſappointed for want of ſawce, and whoſe perpetual toil makes him inſenſible what the defeat of ſport ſignifies.

4. **NAY** even where the exchange ſeems more equal, where the afflictions are on both ſides ſolid and ſubſtantial, yet a prudent man would ſcarce venture upon the barter. Tis no ſmall advantage to know what we have to conteſt with, to have experimented the worſt of its attacks, by which we become better able to guard our ſelves: but a new evil comes with the force of a ſurpriſe, and finds us open and diſarmed. It is indeed almoſt a miraculous power that cuſtom has in reconciling us to things otherwiſe diſpleaſing; all our ſenſes are taught to remit of their averſion by familiarity with ungrateful objects: that ugly form which at firſt makes ſtart, by uſe deveſts its

ter.

SECT. VIII. *Advantage of Afflictions.* 161

terror, and we reconcile our selves to harsh sounds & ill relishes by long custom. And sure it has the very same effect upon our minds. The most fierce calamities do by acquaintance grow more tractable; so that he that exchanges an old one for a new, do's but bring a wild Lion into his house instead of a tame: it may for ought he knows immediatly tear him in pieces, but at least must cost him a great deal of pains to render it gentle and familiar; and certainly no wise man would wish to make such a bargain.

5 By all this it appears that how extravagantly soever we aggravate our own calamities and extenuate other mens, we dare not upon recollection stand to our own estimate: and what can be said more in prejudice of our discontents? It is a granted maxim, that every man must have afflictions, *Man that is born of a woman, saies Job, is of few years, and full of trouble,* Job. 14. 4. and we must reverse Gods foundational law, before we can hope for a total exemption. All that any man can aspire to, is to have but an equal share with others, and the generality of men have so, at least none can prove he has not so; and till he can, his murmurs will sure be

very unjustifiable, especially when they have this convincing circumstance against them, that he dares not upon sober thoughts change his afflictions with most of his neighbors. He is an ill member of a community, who in public assessments should shuffle off all payments: and he is no better who in this common tax God has laid upon our nature, is not content to bear his share.

6. AND truly would we but consider that in all our sufferings nothing befalls us but what is common to our kind, nay which is extremely exceeded by many within the verge of our own observation, we must be senselessly partial to be impatient. The Apostle thought it a competent consolation for the first Christians, that *there had no temptation befallen them but what was common to men*, 1 Cor. 10. 13. and we betray very extravagant opinions of our selves if it be not so to us. Indeed twas scarce possible for us to be so unsatisfied, as the greatest part of us are, did we in the comparing our selves with others, proceed with any tolerable ingenuity.

7. BUT alas we are very fallacious and deceitful in the point, we do not compare

pare the good of others with our good, nor their evil with our evil; but with an envious curiosity we amass together all the desirable circumstances of our neighbors condition, and with as prying discontent we ransack all our grievances, and confront to them. This is so insincere a way of proceeding, as the most ordinary understanding can detect. If I should wager that my arm were longer than another mans, and for trial measure my arm with his finger, he must be stupidly silly, that should award for me; and yet this were not a grosser cheat, then that which we put upon our selves, in our comparisons with others. And tis a little strange to observe unto what various purposes we can apply this one thin piece of Sophistry: for when we compare our neighbors and our selves in point of morality, we do but reverse the fallacy, and presently make his vices as much exceed ours, as our calamities did his in the other instance. They are indeed both great violences to reason and justice, yet the latter is sure the pleasanter kind of deceit. A man has some joy in thinking himself less wicked than his neighbor, but what imaginable comfort can he take in think-

ing himself more miserable? Certainly he that would submit to a couſenage, had much better ſhift the ſcene, and think his ſufferings leſs then they are, rather then more; for ſince opinion is the thing that uſually ſets an edg upon our calamities, it might be a profitable deceit that could ſteal that from us.

8. But we need not blind-fold our ſelves if we would but uſe our eies aright, and ſee things in their true ſhapes; and if we did thus, what a ſtrange turn would there be in the common eſtimates of the world? How many of the gilded troubles of greatneſs, which men at a diſtance look on with ſo much admiration and deſire, would then be as much contemned as now they are courted? A competency would then get the better of abundance, and the now envied pomp of Princes, when balanced with the cares and hazards annext, would be ſo far from a bait, that men like *Saul*, 1 Sam. 10. 22. would *hide themſelves* from the preferment; and he that underſtood the weight, would rather chuſe to wield a Flayle then a Scepter: yet ſo child ſh'y are we beſotted with the glittering appearance of things, that we conclude felicity muſt needs dwell where
there

there is a magnificent Portico, and being possess'd with this fancy we over-look her in our own humbler Cottages, where she would more constantly reside, if she could but find us at home : but we are commonly engag'd in a rambling pursuit of her where she is seldome to be found, and in the interim miss of her at our own doors.

9. **INDEED** there is scarce a greater folly or unhappiness incident to mans nature, then this fond admiration of other mens enjoyments, and content of our own. And whilst we have that humor, it will supplant not only our present, but all possibilities of our future content : for tho we could draw to our selves all those things for which we envy others, we should have no sooner made them our own, then they will grow despicable and nauseous to us. This is a speculation which has bin attested by innumerable experiments, there being nothing more frequent, then to see men with impatient eagerness, nay often with extreme hazards pursue those acquests, which when they have them, they are immediatly sick of. There is scarce any man that may not give himself instances of this in his own particular : and yet so fatally stupid are we, that no de-
feats

feats will discipline us, or take us off from these false estimates of other mens happineſſes. And truly while we ſtate our comparifons ſo unequally, they are as miſchievous as the common proverb ſpeaks them odious: but if we would begin at the right end, and look with as much compaſſion on the adverſities of our brethren, as we do with envy on their proſperities, every man would find cauſe to ſit down contentedly with his own burden, and confeſs that he bears but the proportionable ſhare of his common nature, unleſs perhaps it be where ſome extraordinary demerits of his own have added to the weight; and in that caſe he has more reaſon to admire his afflictions are ſo few, then ſo many. And certainly every man knows ſo many more ills by himſelf, then it is poſſible for him to do by another, that he that really ſees himſelf exceed others in his ſufferings, will find cauſe enough to think he do's in ſins alſo.

10. B U T if we ſtretch the compariſon beyond our contemporaries, and look back to the generations of old, we ſhall have yet farther cauſe to acknowledge Gods great indulgence to us. *Abraham* tho the friend of God was not exempted from ſe-
vere

vere trials; he was first made to wander from his Country, and betake himself to a kind of vagrant life; was a long time suspended from the blessing of his desired off-spring, and when at last his beloved *Isaac* was obtained, it caused a domestic jarr, which he was fain to compose by the expulsion of *Ishmael* tho his son also. But what a contest may we think there was in his own bowels when that rigorous task was imposed on him of sacrificing his *Isaac*? and tho his faith gloriously triumphed over it, yet sure there could not be a greater pressure upon human nature. *David* the man after Gods own heart is no less signal for his afflictions then for his piety: he was for a great while an exile from his Country, and (which he most bewailed) from the Sanctuary by the persecutions of *Saul*, and after he was settled in that throne to which Gods immediate assignation had intitled him, what a succession of calamities had he in his own family? the incestuous rape of his Daughter, the retaliation of that by the asunnatural murder of *Amnon*, and that seconded by another no less barbarous conspiracy of *Ab-salom* against himself, his expulsion from *Jerusalem*, the base revilings of *Shimei*, and

and finally the joys of that dearling son in the act of his sin. A cluster of afflictions, in comparison whereof the most of ours are but like the gleanings (as the Prophet speaks) *after the vintage is done*. It were indeed endless to instance in all the several Forefathers of our Faith before *Christs* Incarnation. The Apostle gives us a brief, but very comprehensive compendium of their sufferings, *They had trial of cruel mockings and scourgings; yea moreover, of bonds and imprisonments: they were stoned, were sawn asunder, were tempted, were slain with the sword: they wandered about in sheep-skins, and goat-skins, being destitute, afflicted, tormented: they wandered in deserts, and in mountains, and in dens, and caves of the earth*, Heb. 11. 36, 37, 38. And if we look on the Primitive Christians, we shall see them perfectly the counterpart to them, their privileges consisted not in any immunities from calamities; for their whole lives were scenes of sufferings. St. Paul gives us an account of his own, *in labors more abundant, in stripes above measure, in prisons more frequent, in deaths oft: of the Jews five times received I forty stripes save one. Thrice was I beaten with rods, once was I sto-*

stoned, thrice I suffer'd shipwreck, a night and a day have I bin in the deep, in journeying often, &c. 2 Cor. II. 23. and if his single hardships rose thus high, what may we think the whole sum of all his fellow-laborers amounted to together, with that noble Army of martyrs who sealed their faith with their blood; of whose sufferings Ecclesiastic history gives us such astonishing relations?

II. *AND NOW* being compassed about with so great a cloud of witnesses, the Apostles inference is very irrefragable, *let us run with patience the race which is set before us*, Hab. 12. 1, 2. But yet it is more so, if we proceed on to that consideration he adjoins, *Looking unto Jesus the Author and finisher of our faith, who for the joy that was set before him, endur'd the cross, despising the shame*, verse 3. Indeed if we contemplate him in the whole course of his life, we shall find him rightly stiled by the Prophet, *a man of sorrows*, Isai. 51. And, as if he had charged himself with all our griefs as well as our sins, there is scarce any human calamity which we may not find exemplified in him. Do's any complain of the lowliness and poverty of his condition? Alas his whole life was a

state of indigence : he was forced to be an inmate with the beasts , he laid in a stable at his birth , and after himself professes that he *had not where to lay his head*, Luk. 9. 58. Is any oppress'd with infamy and reproch ? he may see his Savior accus'd as a *glutton and a wine-bibber*, Luke 7. 34. a *Blasphemer*, Joh. 10. 33. a *forcerer*, Mat. 12. 24. a *perverter of the nation*, Luk. 23. 2. yea to such a sordid lowness had they sunk his repute , that a seditious thief and murderer was thought the more eligible person, *not this man but Barabbas*, Joh. 18 40. And finally all this scene of indignities clos'd with the spightful pageantry of *mockery* acted by the soldiers, Mat. 27. 28. and the yet more barbarous insultings of Priests and Scribes, verse 41. Is any man despised or deserted by his friends ? he was contemned by his country-men, thought frantic by his friends, betray'd by one of his disciples, abandon'd by all , unless that one who followed him longest, to renounce him the most shamefully by a three-fold abjuration. Nay what is infinitely more then this, he seem'd deserted by God also, as is witnessed by that doleful exclamation, *My God, my God, why hast thou forsaken me ?* Mar. 27. 64. Is any

ny dissatisfied with the hard-ships or laboriousness of his life? let him remember his Saviors was not a life of delicacy or ease: he was never enter'd in those Academies of luxury, where men are *gorgeously apparell'd and live delicatly*, Luk. 7. 25. but he was brought up under the mean roof of a Carpenter, and consequently subjected to all the lowness of such an education. His initiation to his Prophetic office was with the miraculous severity of a forty-daves fast, and in his discharge of it we find him in perpetual labors, *going about doing good*, Act. 10. 38. and that not in triumph, like a Prince bestowing his largesses, but in weary peregrinations, never riding but once, and that only upon a borrow'd beast, *and to fulfil a prophecy*, Mat. 24. Do's any man groan under sharp and acute pains? let him consider what his Redeemer endur'd, how in his infancy at his circumcision he offer'd the first fruits, as an earnest of that bloody vintage when *he trod the wine press alone*, Isaiah 63. 3. Let him attend him thro all the stages of his direful passion, and behold his arms pinion'd with rough cords, his head smote with a reed, and torn with his crown of thorns, his back ploughed

with those *long furrows* (Psal. 120. 3.) the scourges had made; his macerated feeble body oppressed with the weight of his cross, and at last rackt and extended on it; his hands and feet, those nervous and consequently most sensible parts transfixt with nails, his whole body fastned to that accursed tree, and exposed naked to the air in a cold season; his throat parched with thirst, and yet more afflicted with that vinegar and gall wherewith they pretended to relieve him; and finally his life expiring amidst the full sense of these accurate torments. Lastly do's any man labor under the bitterest of all sorrows, importunate temptations to, or a wounded spirit for sin? even here also he may find, that he has an *high Priest who hath bin touched with the sense of his infirmities*, Heb. 4. 15. He was violently assaulted with a succession of temptations, Mat. 4. and we cannot doubt but Satan would on him employ the utmost of his skill. Nor was he less oppressed with the burden of sin, (ours I mean, tho not his own.) What may we think were his apprehensions in the Garden, when he so earnestly deprecated that which was his whole errand into the world? What a dreadful
pref-

pressure was that which wrung from him that bloody sweat, and cast him into that inexplicable agony, the horror whereof was beyond the comprehensions of any but his who felt it? And finally how amazing was the sense of divine wrath, which extorted that stupendous complaint, that *strong cry* on the cross, Heb. 5. 7. the sharp accent whereof, if it do a-right sound in our hearts, must certainly quite overwhelm our loudest groans? And now certainly I may say with Pilate, *Ecce homo*, behold the man, or rather with a more divine Author, Behold *if ever there were sorrows like unto his sorrows*, Lam. 1. 12.

12. AND sure it were but a reasonable inference, that which we find made by Christ himself, *if these things be don in a green tree, what shall be don in the dry?* Luk. 23. 31. If an imputative guilt could nourish so scorching a flame, pull down so severe a wrath, what can we expect who are merely made up of combustible matter, whose proper personal sins cry for vengeance? Sure were we to judg by human measures, we should reckon to have more then a double portion of our Saviors sufferings entail'd upon us: yet such is the efficacy of his, that they have commuted for

for ours, and have left us only such a share, as may evidence our relation to our crucified Lord: such as may serve only for badges and cognizances to whom we retain. For alas, let the most afflicted of us weigh our sorrows with his, how absurdly unequal will the comparison appear? And therefore as the best expedient to baffle our mutinies, to shame us out of our repinings, let us often draw this uneven parallel, confront our petty uneasinesses with his unspeakable torments; and sure tis impossible but our admiration and gratitude must supplant our impatiencies.

13. THIS is indeed the method to which the Apostle directs us, *Consider him that endured such contradiction of sinners against himself, lest ye be weary and faint in your minds: ye have not yet resisted unto blood,* Heb. 12 34. Was he contradicted, and shall we expect to be humor'd and compli'd with? Did he resist to blood, and shall we think those pressures intolerable, which force only a few tears from us? This is such an unmanly niceness, as utterly makes us unfit to follow the Captain of our Salvation. What a soldier is he like to make, that will take no share of the hazards and hardships of his General? Honest *Uriah* would

would not take the lawful solaces of his own house, upon the consideration that his *Lord Job* (tho but his fellow subject) *lay incamped in the open fields*, 2 Sam. 11. 11. yea tho he was sent by him from the Camp. And shall we bately forsake ours in pursuit of our ease? He is of a generous spirit, whom the example of his superior will not animate. *Plutarch* tells us, that *Cato* marching thro the desarts, was so distrest for water, that a small quantity was brought to him in a helmet as a great prize, which he refusing because he could not help his soldiers to the like, they were so transported with that generosity, that it extinguisht the sense of their thirst, and they were ashamed to complain of what their Leader voluntarily endur'd for their sakes. And surely we extremely discredit our institution, if we cannot equal their ingenuity, and follow ours with as great alacrity thro all the difficulties he has traced before us, and for us.

14. Nor let us think to excuse our selves upon the impotency of our flesh, which wants the assistance which his divinity gave him: for that plea is superseded by the fore-mention'd examples of the Saints, men of like passions with us,
who

who not only patiently, but joyfully endure'd all tribulations; by which it appears it is not impossible to our nature, with those aids of grace which are common to us with them: for certainly the difference between them and us, is not so much in the degrees of the aid, as in the diligence of employing them. Let us therefore, as the Apostle advises, *lift up the hands which hang down, and the feeble knees*, 12. 12. and with a noble emulation follow those heroic patterns they have set us. And since we see that even those Favorites of heaven have smarted so severely, let us never dream of an immunity; but when ever we find our selves inclining to any such flattering hope, let every one of us upbraid our selves in those terms the *Jews* did our Savior, *Art thou greater then Abraham, and the Prophets, whom makest thou thy self?* Joh. 8. 52. Nay we may descend lower, and take not only all the inferior Saints of former times, but all those our contemporaries in suffering, which are most within our view, and may ask the Apostles question, *what then? are we better then they?* Rom. 3. 9. If we think we are, certain we are so much worse by that insolence; and if we confess we are not, upon what
score

score can we pretend to be better treated ? To conclude, let us not pore only upon our peculiar evils, but attentively look about us, and consider what others endure: and since in frolics we can sport our selves with many uneasinesses for company sake, let us not be more pusillanimous in our soberer moods, but every man cheerfully take his turn in bearing the common burden of mortality, till we put off both it and its appendages together, when this mortal shall put on immortality, 1 Cor. 15. 54.

S E C T. X.

*Of particular Aids for the gaining
of Contentment.*

1. **W**E have now past thro all those considerations we at first proposed, and may trust the considering Reader to make his own collections : yet because impatience is the vice that has bin all this while arraigned, I am to fore-see it possible, that those who have the greatest degree of that, may be the least willing to attend the whole process, and therefore I think it may not be amiss, for their ease to suit and reduce all into some short directions and rules for the acquiring contentment.

2. **T**HE first and most fundamental is, the mortifying our pride, which as it is the seminary of most sins, so especially this of repining. Men that are highly opinion'd of themselves are commonly unsatisfiable: for how well soever they are treated, they still think it short of their merits. Princes have often experimented
this

this in those who have don them signal services ; but God finds it in those who have don him none, and we expect he shall dispense to us according to those false estimates we put upon our selves. Therefore he that aspires to Content, must first take truer mesures of himself, and consider that as he was nothing till God gave him a being, so all that he can produce from that being, is Gods by original right, and therefore can pretend to nothing of reward ; so that whatever he receives, is still upon the account of new bounty ; and to complain that he has no more, is like the murmurs of an unthankful debtor, who would still encrease those scores which he knows he can never pay.

3. IN the second place, let every man consider how many blessings (notwithstanding his no claim to any) he daily enjoys ; and whether those he so impatiently raves after be not much inferior to them. Nay let him ask his own heart, whether he would quit all those he has, for them he wants, and if he would not (as I suppose no man in his wits would, those wits being part of the barter) let him then judg how unreasonable his repinings are, when himself confesses he has the better part of

worldly happiness, and never any man living had all.

4. IN the third place therefore let him secure his duty of thankfulness for those good things he hath, and that will insensibly undermine his impatiencies for the rest, it being impossible to be at once thankful and murmuring. To this purpose it were very well, if he would keep a solemn catalogue of all the bounties, protections, and deliverances he has receiv'd from Gods hand, and every night examin what accessions that day has brought to the sum: and he that did this, would undoubtedly find so many incitations to gratitude, that all those to discontent would be stifled in the croud. And since acknowledgment of Gods mercies is all the tribute he exacts for them, we must certainly look on that as an indispensable duty: and therefore he that finds that God shortens his hand, stops the efflux of his bounty towards him, should reflect on himself, whether he be not behind in that homage by which he holds, and have not by his unthankfulness *turn'd away good things from him*, Esa. 59. 8. And if he find it so (as who alas is there that may not?) he cannot sure for
shame

shame complain, but must in prudence reinforce his gratitude for what is left, as the best means to recover what he has lost.

5. BUT his murmurs will yet be more amazingly silenc'd, if in the fourth place he compares the good things he enjoys with the ill he has don. Certainly this is a most infallible cure for our impatiencies, the holiest man living being able to accuse himself of such sins, as would according to all human measures of equity forfeit all blessings, and pull down a greater weight of judgment than the most miserable groan under. Therefore as before I advis'd to keep a catalogue of benefits receiv'd, so here it would be of use to draw up one of sins committed. And doubtless he that confronts the one with the other cannot but be astonish'd to find them both so numerous, equally wondring at Gods mercy in continuing his blessings, in despite of all his provocations, and at his own baseness in continuing his provocations, in despite of all those blessings. Indeed tis nothing but our affected ignorance of our own demerits, that makes it possible for us to repine under the severest of Gods dispensations. Would
we

we but ransack our hearts, and see all the abominations that lie there, nay would the most of us but recollect those bare-fac'd crimes which even the world can witness against us, we should find more than enough to balance the heaviest of our pressures. When therefore by our impatient struglings we fret and gall our selves under our burdens, let us interrogate our souls in the words of the Prophet, *Why doth a living man complain, a man for the punishment of his sin?* Let us not spend our breath in murmurs and out-cries, which will only serve to provoke more stripes: but let us search and try our waies, and turn again to the Lord, Lam. 3. 39. diligently seek out *that accursed thing* which has caused our discomfeiture, Jos. 18. and by the removal of that, prepare the way for the access of mercy. But alas how preposterous a method do we take in our afflictions? We accuse every thing but what we ought, furiously fly at all the second causes of our calamity, nay too often at the first by impious disputes of providence, and in the mean time, as *Job* speaks, *the root of the matter is found in us*, Job. 19. 28. We shelter and protect in our bosoms the real Author of our miseries.

ries. The true way then to allay the sense of our sufferings, is to sharpen that of our sins. The prodigal thought the meanest condition in his fathers family a preferment, *Make me one of thy hired servants*, Luk. 15. 19. And if we have his penitence, we shall have his submission also, and calmly attend Gods disposals of us.

6. As every man in his affliction is to look inward on his own heart, to also upward, and consider by whose providence all events are order'd. *Is there any evil (i. e. of punishment) in the city, and the Lord hath not don it?* Am. 3. 6. and what are we worms that we should dispute with him? Shall a man contend with his Maker? Let the *potsherd strive with the potsherds of the earth*, Isa. 45. 9. And as his power is not to be control'd, so neither is his justice to be impeach'd. *Shall not the judg of a'l the earth do right?* Gen. 18. 25. And where we can neither resist nor appeal, what have we to do but humbly to submit? Nor are we only compell'd to it by necessity, but induced and invited by interest, since his dispensations are directed not barely to assert his dominion, but to evidence his paternal care over us. He discerns our needs, and accordingly applies

phies to us. The benignity of his nature permits him not to take delight in our distresses, *he doth not afflict willingly, nor grieve the children of men*, Lam. 3. 33. and therefore when ever he administers to us a bitter cup, we may be sure the ingredients are medicinal, and such as our infirmities require. He dares not trust our intemperate appetites with unmixt prosperities, the lushiousness whereof tho it may please our palats, yet like St. Johns book, Rev. 10. 9. that *hony in the mouth may prove gall in the bowels*, ingender the most fatal diseases. Let us therefore in our calamities *not consult with flesh and blood*, Gal. 1. 16. (which the more it is bemoan'd, the more it complains) but look to the hand that strikes, and assure our selves, that the stripes are not more severe, then he sees necessary in order to our good: and since they are so, they ought in reason to be our choices as well as his; and not only Religion, but self-love will prompt us to say, with old Ely, *It is the Lord, let him do what seemeth him good*, 1 Sam. 3. 11. But alas we do not understand what is our interest; because we do not rightly understand what we are our selves. We consider our selves merely in our animal

mal being, our bodies and those sensitive faculties vested in them, and when we are invaded there, we think we are undone, tho' that breach be made only to relieve that diviner part within us, besieged and oppressed with the flesh about it (for so God knows it too often is;) or if we do not consider it in that notion of an enemy, yet at the utmost estimate, the body is to the soul but as the garment to the body, a decent case or cover: now what man (not stark frantic) would not rather have his clothes cut than his flesh? and then by the rate of proportion, we may well question our own sobriety, when we repine that our souls are secur'd at the cost of our bodies, and that is certainly the worst, the unkindest design, that God has upon us; and our impatient resistances serve only to frustrate the kind, the medicinal part of afflictions, but will not at all rescue us from the severe. Our murmurings may ruin our souls, but will never avert any of our outward calamities.

7. A seventh help to contentment is to have a right estimate of the world, and the common state of humanity: to consider the world but as a stage and our selves but as actors, and to resolve that it is very lit-

A a tle

tle material what part we play so we do it well. A Comedian may get as much applause by acting the slave as the conqueror, and he that acts the one to day, may to morrow reverse the part, and personate the other. So great are the vicissitudes of the world, that there is no building any firm hopes upon it. All the certainty we have of it, is, that in every condition it has its uneasinesses : so that when we court a change, we rather seek to vary then end our miseries. And certainly he that has well imprest upon his mind the vanity and vexation of the world, cannot be much surpris'd at any thing that befalls him in it. We expect no more of any thing but to do its kind, and we may as well be angry that we cannot bring the lions to our cribs, or fix the wind to a certain point, as that we cannot secure our selves from dangers and disappointments in this rough and mutable world. We are therefore to lay it as an infallible maxim, that in this vale of tear every man must meet with sorrows and disasters: and then sure we may take our peculiar with evenness of temper, as being but the natural consequent of our being men. And tho possibly we may every one think himself to
have

have a double portion, yet that is usually from the deceitful comparison we make of our selves with others. We take the magnifying glasses of discontent and envy when we view our own miseries and others felicities, but look on our enjoiments and their sufferings thro the contracting optics of ingratitude and incompassion : and whilst we do thus, tis impossible but we must foment our own dissatisfactions. He that will compare to good purpose must do it honestly and sincerely, and view his neighbors calamities with the same attention he do's his own, and his own comforts with the same he do's his neighbors; and then many of the great seeming inequalities would come pretty neer a level.

8. But even where they do not, it in the 8th place deserves however to be consider'd how ill natur'd a thing it is, for any man to think himself more miserable because another is happy : and yet this is the very thing, by which alone many men have made themselves wretched : for many have created wants, merely from the envious contemplation of other mens abundance. And indeed there is nothing more disingenuous, or (to go higher) more

Diabolical. *Lucifer* was happy enough in his original state, yet could not think himself so because he was *not like the most high* Isa. 14. 14. And when by that insolent ambition he had forfeited bliss, it has ever since bin an aggravation of his torment, that mankind is assumed to a capacity of it; and accordingly he makes it the design of his envious industry to defeat him. Now how perfectly are the two first parts of this copy transcrib'd, by those who first cannot be satisfied with any inferior degree of prosperity, and then when their impatiencies with other mens enjoyments of what they cannot attain? And tis much to be doubted, that they who go thus far may compleat the parallel, and endeavor when they have opportunity to undermine that happiness they envy. Therefore since Satan is so apt to impress his whole image, where he has drawn any of his lineaments, it concerns us warily to guard our selves, and by a Christian sympathy with our brethren, *rejoice with them that do rejoice*, Rom. 12. 15. make the comforts of others, an allay not an improvement of our own miseries. Charity has a strange magnetic power, and attracts the concerns of our brethren to us, and

and he that has that in his breast can never want refreshment, whilst any about him are happy; for by adopting their interest, he shares in their joys. *Jethro* tho an alien *rejoiced for all the good God had don to Israel*, *Exod. 18. 9.* and why should not we have as sensible a concurrence with our fellow Christians? And he that has so, will still find something to balance his own sufferings.

9. LET him that aspires to contentment set bounds to his desire. 'Tis our common fault in this affair, we usually begin at the wrong end, we *enlarge our desires as hell, and cannot be satisfied*, *Hab. 2. 5.* and then think God uses us ill, if he do not fill our insatiable appetites: whereas if we would confine our expectations to those things which we need, or he has promis'd, there are few of us who would not find them abundantly answer'd. Alas how few things are there which our nature (if not stimulated by fancy and luxury) requires? And how rare is it to find them who want those? Nay who have not many additionals for delight and pleasure? And yet Gods promise under the Gospel extends only to those necessities: for where *Christ* assures his disciples that *these things shall be*

be added unto them, Mat. 6. 33. the context apparently restrains *these things* to meat and drink and clothing. Therefore take *not thought for the life what you shall eat, or what you shall drink, nor yet for the body what you shall put on*, verse 25. now what pretence have we to claim more then our Charter gives us? God never articulated with the ambitious to give him honors, or with the covetous to fill his bags, or with the voluptuous to feed his luxuries. Let us therefore, if we expect to be satisfied, modestly confine our desires within the limits he has set us: and then every accession which he superadds will appear (what it is) a largess and bounty. But whilst our appetites are boundless, and rather stretcht then filled with our acquett's, what possibility is there of their satisfaction? And when we importune God for it, we do but assign him such a task the Poets made a representation of their Hell, the filling a sieve with water, or the rolling a stone up a precipice.

10ly. A great expedient for contentment, is to confine our thoughts to the present, and not to let them loose to future events. Would we but do this, we might shake off a great part of our burden:

den : for we often heap fantastick loads upon our selves by anxious presages of things which perhaps will never happen , and yet sink more under them, then under the real weight that is actual upon us. And this is certainly one of the greatest follies imaginable : for either the evil will come or it will not : if it will, tis sure no such desirable guest that we should go out to meet it, we shall feel it time enough when it falls on us , we need not project to anticipate our sense of it : but if it will not, what extreme madness is it for a man to torment himself with that which will never be, to create engines of tortures, and by such aerial afflictions, make himself as miserable as the most real ones could do? And truly this is all that we usually get by our fore-sights. Prevision is one of Gods attributes, and he mocks at all our pretences to it, by a frequent defeating of all our fore-casts. He do's it often in our hopes: some little cross circumstance many times demolishes those goodly machins we raise to our selves: and he do's it no less in our fears: those ills we solemnly expected often baulk us, and others from an unexpected coast suddenly invade us. And since we are so blind, so short-sighted,
let

let us never take upon us to be scouts, to discover danger at a distance (for tis manifold odds we shall only bring home false alarms) but let us rest our selves upon that most admirable Aphorism of our blessed Lord, *Sufficient unto the day is the evil thereof*, Mat. 6. 34. apply our selves with Christian courage to bear the present, and leave God either to augment or diminish, as he sees fit, for the future. Or if we will needs be looking forward, let it be in obedience not contradiction to our duty; let us entertain our selves with those futurities which we are sure are not Chimeras, death and judgment, heaven and hell. The nearer we draw these things to our view, the more insensible will all intermedial objects be; they will deceive our sense of present, and much more forestall the apprehension of future evils: for tis our neglect of things eternal, that leaves us thus at leisure for the transitory.

II. IN the last place let us in all our distresses supersede our anxieties and sollicitudes by that most effectual remedy the Apostle prescribes, *Is any man afflicted let him pray*, Jam. 5. 14. And this sure is a most rational prescription: for alas what else can we do towards the redress
of

of our griefs. We who are so impotent, that we have not power over the most despicable excrescence of our own body, cannot make *one hair white or black*, Mat. 5. 39. what can we do towards the new moulding our condition, or modelling things without us? Our solitudes serve only to bind our burdens faster upon us, but this expedient of Praier will certainly relieve us. *Call upon me*, saies God, *in the time of trouble, and I will hear thee, and thou shalt praise me*, Psal. 50. 15. When ever therefore we are sinking in the floods of affliction, let us thus support our selves by representing our wants unto our gracious Lord, cry unto him as St. Peter did, Mat. 14. 30. and he will *take us by the hand, and be the winds never so boisterous or contrary*, preserve us from sinking: the waves or billows of this troublesom world, will serve but to toss us closer into his arms, who can with a word appease the roughest tempest, or rescue from it. O let us not then be so unkind to our selves, as to neglect this infallible means of our deliverance! but with the Psalmist take our refuge under the *shadow of the divine wings till the calamity be over-past*. Psal. 57. 1. And as this is a sure

B b

ex-

expedient in all our real important afflictions, so it is a good test by which to try what are so. We are often peevish and disquieted at trifles, nay we take up the quarrels of our lusts and vices, and are discontented when they want their wisht supplies. Now in either of these cases, no man that at all considers who he praies to, will dare to insert these in his praiers, it being a contempt of God to invoke him in things so slight as the one, or impious as the other. It will therefore be good for every man when he goes to address for relief, to consider which of his pressures they are, that are worthy of that solemn deprecation: and when he has singled those out, let him reflect, and he will find he has in that prejudg'd all his other discontents as frivolous or wicked. And then sure he cannot think fit to harbour them, but must for shame dismiss them, since they are such, as he dares not avow to him, from whom alone he can expect relief. God alwaies pities our real miseries, but our imaginary ones dare not demand it. Let us not then create such diseases to our selves, as we cannot declare to our Physitian: and when those are precluded, for all the rest St.

Pauls

Pauls recipe is a Catholicon, Be careful for nothing, but in every thing by prayers and supplications, with thanksgiving, let your requests be made known to God. Phil. 4. 6.

S E C T. XI.

Of Resignation.

1. **A**ND now amidst such variety of receits, twill be hard to instance any one sort of calamity which can escape their efficacy, if they be but duly appl'd: But indeed we have generally a compendious way of frustrating all remedies by never making use of them: like fantastic patients we are well enough content to have our disease discours'd, and medicines prescrib'd, but when the Physic comes, have still some pretence or other to protract the taking it. But I shall beseech the Reader to consider, that counsels are not charms, to work without any cooperation of the concern'd person: they must be adverted to, they must be ponder'd and consider'd, and finally they must be practic'd, or else the utmost good they can do us, is to give us a few hours divertisment in the reading: but they do us a mischief that infinitely out-weighs it, for they improve

prove our guilts by the ineffective tender they make of rescuing us from them, and leave us accountable not only for the original crimes, but our obstinate adhesion to them in spite of admonition.

2. I say this because it is a little too notorious, that many take up books only as they do cards or dice, as an instrument of diversion. 'Tis a good entertainment of their curiosity to see what can be said upon any subject, and be it well or ill handled, they can please themselves equally with the ingenuity or ridiculousness of the composition, and when they have don this, they have don all they design'd. This indeed may be tolerable in Romances and Play-books, but sure it ill befits Divinity. And yet I fear it oftneft happens there : for in the former some do project for some trivial improvements, as the embellishing of their stile, the inspiring of their fancies ; and some men would scarce be able to drive their pedling trade of wit, did they not thus sweep the stage : but alas how many books of piety are read, of which one cannot discern the least tincture in mens conversations, which sure do's in a great measure proceed from the want of a determinate design in
their

their reading, mens practice being not apt to be less rovers then their speculation. He that takes a practical subject in hand, must do it with a design to conform his practice to what he shall there be convinc'd to be his duty, and he that comes not with this probity of mind, is not like to be much benefited by his reading.

3. But one would think this should be an unnecessary caution at this time, for since the intent of this tract, is only to shew men the way to contentment, tis to be suppos'd the Readers will be as much in earnest as the writer can be, it being every mans proper and most important interest, the instating him in the highest and most supreme felicity that this world can admit: yet for all this fair probability, I doubt many will in this instance have the same indifference they have in their other spiritual concerns.

4. Tis true indeed that a querulous repining humor, is one of the most pernicious, the most ugly habits incident to mankind; but yet as deformed people are oft the most in love with themselves, so this crooked piece of our temper, is of all others the most indulgent to it self. Melan-

lancholy is the most stubborn and untractable of all humors; and discontent being the offspring of that, partakes of that inflexibility: and accordingly we see how impregnable it often is, against all assaults of reason and Religion too. *Jonah* in a sullen mood would justify his discontent even to God himself, and in spite of that calm reproof, *Dost thou well to be angry?* *Jon. 4. 9.* averr *he did well to be angry even to the death.* And do we not frequently see men upon an impatience of some disappointment, grow angry even at their comforts? Their friends, their children, their meat, their drink, every thing grows nauseous to them, and in a frantic discontent, they often fling away those things which they most value. Besides this peevish impatience is of so ærial a diet, that tis scarce possible to starve it. Twill nourish itself with Phantasms and Chimeras, suborn a thousand surmises and imaginary distresses to abet its pretences: and tho every one of us can remonstrate to one another, the unreasonableness of this discontent yet scarce any of us will draw the argument home, or suffer our selves to be convinc'd by what we urge as irrefragable to others. Nay farther this humor is impatient of any di-

diversion, loves to converse only with it self. In bodily pains, men that despair of cure are yet glad of alliaies and mitigations, and strive by all arts to divert and deceive the sense of their anguish; but in this disease of the mind, men cherish and improve their torment, roll and chew the bitter pill in their mouths, that they may be sure to have its utmost flavor; and by devoting all their thoughts to the subject of their grief, keep up in an uninterrupted sense of it: as if they had the same Tyranny for themselves which *Caligula* had for others; and loved to feel themselves die. Indeed there is not a more absurd contradiction in the world, then to hear men cry out of the weight, the intolerableness of their burden, and yet grasp it as fast as if their life were bound up in it; will not deposite it, no not for the smallest breathing time. A strange fascination sure; and yet so frequent, that it ought to be the fundamental care of him that would cure men of their discontents, to bring them to a hearty willingness of being cured.

5. It may be this will look like paradox, and every man will be apt to say he wishes nothing more in earnest, then to be
be

be cured of his present discontent. He that is poor would be cured by wealth, he that is low and obscure by honor and greatness: but so an Hydropic person may say he desires to have his thirst cur'd by a perpetual supply of drink; yet all sober people know, that that is the way only to increase it: but let the whole habit of the body be rectified, and then the thirst will cease of it self. And certainly tis the very same in the present case: no outward accessions will ever satisfy our cravings, our appetites must be tam'd and reduc'd, and then they will never be able to raise tumults, or put us into mutiny and discontent: and he (and none but he) that submits to this method, can truly be said to desire a cure.

6. B U T he that thus attests the reality of his desires, and seeks contentment in its proper sphere, may surely arrive to some considerable degrees of it. We find in all ages men, that only by the direction of natural light have calmed their disquiets, and reason'd themselves into contentment even under great and sensible pressures; men who amidst the acutest torments, have still preserv'd a serenity of mind, and have frustrated con-

C c

temts

tements and reproches by disregarding them : and sure we give a very ill account of our Christianity, if we cannot do as much with it as they did without it.

7. I do not here propose such a Stoical insensibility as makes no distinction of events, which, tho it has bin vainly pretended to by many, yet sure was never attain'd by any upon the strength of discourse. Some natural dulness or casual stupefaction must concur to that, and perhaps by doing so, has had the luck to be canoniz'd for vertue. I mean only such a superiority of mind as raises us above our sufferings, tho it exempt us not from the sense of them. We cannot propose to our selves a higher pattern in any vertue then our blessed Lord : yet we see he not only felt that load under which he lay, but had the most pungent and quick sense of it, such as prompted those earnest deprecations, *Father if it be possible let this cup pass* : yet all those displacencies of his flesh were surmounted by the resignation of his spirit, *nevertheless not what I will, but what thou wilt*, Luk. 22. And certainly he that in imitation of this pattern, do's in spite of all the reluctancies of his sense, thus intirely submit his will, how-

however he may be sad, yet he is not impatient. Nor is he like to be sad long, for to him that is thus resign'd, *light will spring up*, Psal. 97. 11. some good Angel will be sent like that to our Savior to relieve his disconsolation. God will send either some outward allaiies, or give such interior comforts and supports, as shall counterpoise those afflictions he takes not off.

8. I N D E E D the grand design of God in correcting us is (the same with that of a prudent parent towards his child) to break our wills. That stubborn faculty will scarce bend with easy touches, and therefore do's require some force: and when by that rougher handling he has brought it to a pliantness, the work is don. 'Tis therefore our interest to cooperate with this design, to assist as much as we are able towards the subjugating this unruly part of our selves. This is that *Sheba* 2 Sam. 20. the surrendring of whom is Gods expectation in all the close sieges he laies to us. Let us then be so wise, as by an early resigning it to divert his farther hostilities, and buy our peace with him.

9. A N D truly this is the way not only to gain peace with him, but our selves

too: tis the usurpation of our will over our reason which breeds all the confusion and tumults within our own breasts, and there is no possibility of curbing its insolence, but by putting it into safe custody, committing it to him who (as our Church teaches us) alone can order the unruly wills of sinful men. Indeed nothing but experience can fully inform us of the serenity and calm of that soul, who has resign'd his will to God. All care of chusing for himself is happily superseded, he is tempted to no anxious forecasts for future events, for he knows nothing can happen in contradiction of that supreme will, in which he hath sanctuary: which will certainly chuse for him with that tenderness and regard, that a faithful Guardian would for his pupil, an indulgent father for his child that casts its self into his arms. Certainly there is not in the world such a holy sort of artifice, so Divine a charm to tie our God to us, as this of resigning our selves to him. We find the Gibeonites by yielding themselves vassals to the Israelites, had their whole army at their beck to rescue them in their danger Jos. 10. 6. and can we think God is less considerate of his homagers and dependants?

No

No certainly, his honor as well as his compassion is concern'd in the relief of those who have surrendred themselves to him.

IO. FARTHER yet, when by resignation we have united our wills to God, we have quite changed the scene, and we, who when our wills stood single were liable to perpetual defeats, in this blessed combination can never be crost. When our will is twisted and involved with Gods, the same omnipotence which backs his will, do's also attend ours. Gods will, we are sure, admits of no controle, can never be resisted; and we have the same security for ours, so long as it concurs with it. By this means all calamities are unsting'd; and even those things which are most repugnant to our sensitive natures, are yet very agreeable to our spirits, when we consider they are implicitly our own choice, since they are certainly his, whom we have deputed to elect for us. Indeed there can be no face of adversity so averting and formidable, which set in this light will not look amiable. We see daily how many uneasinesses and prejudices men will contentedly suffer in pursuit of their wills: and if we have really espoused Gods, made his will ours, we shall
with

with as great (nay far greater) alacrity embrace its distributions, how uneasy soever to our sense; our souls will more acquiesce in the accomplishment of the Divine will, then our flesh can reluct to any severe effect of it.

II. HERE then is that footing of firm ground, on which whosoever can stand, may indeed do that which *Archimedes* boasted, move the whole world. He may as to himself subvert the whole course of sublunary things, unvenem all those calamities which are to others the gall of Asps; and in a farther sense verify that Evangelical prophecy, of *beating swords into plough-shares, and speares into pruning hooks*, *Elay. 2. 4.* the most hostile weapons, the most adverse events, shall be by him converted into instruments of fertility, shall only advance his spiritual growth.

12. AND now who can chuse but confess this a much more eligible state, then to be alwaies harrassed with sollicitudes and cares, perpetually either fearing future defeats, or bewailing the past. And then what can we call it less then madness or enchantment, for men to act so contrary to their own dictates, yea to their
their

their very sense and experience, to see and acknowledg the inexplicable felicity of a resigned will, and yet perversly to hold out theirs, tho they can get nothing by it, but the sullen pleasure of opposing God, and tormenting themselves? Let us therefore if not for our duty or ease, yet at least for our reputation, the assering our selves men of sobriety and common sense, do that which upon all these interests we are obliged; let us but give up our wills, and with them we shall certainly divest our selves of all our fruitless anxieties, and cast our burdens upon him who invites us to do so. He who bears all our sins, will bear all our sorrows, our griefs too, if we will but be content to deposite them: he will relieve us from all those oppressing weights, which make *our souls cleave to the dust*, Psal. 119. 25. and will in exchange give us only his *light*, *his pleasant burden*, Mat. 11. 33. In a word there will be no care left for us, but that of keeping our selves in a capacity of his: let us but secure our love to him, and we are ascertain'd that *all things shall work together for our good*, Rom. 8. 28.

To conclude, Resignation and Contentment are vertues not only of a near
cogna.

cognition and resemblance, but they are linked as the Cause and the Effect. Let us but make sure of Resignation, and Content will flow into us without our farther industry : as on the contrary whilst our wills are at defiance with Gods, we shall alwaies find things at as great defiance with ours. All our subtilties or industries will never mould them to our satisfactions, till we have moulded our selves into that pliant temper that we can cordially say, *It is the Lord, let him do what seemeth him good.* 1 Sam. 3. 18.

The Close.

1. **T**HIS short institution of the *Art of Contentment*, cannot more naturally, or more desirably draw to a conclusion, then in the resort we have given it, in the bosome of divine *Providence*. The Roman conquerors at the last pitch of all their triumphs, went to the Capitol, and laid their Garlands in the lap of *Jupiter*: but the Christian has an easier way to Triumph, to put his crown of thornes (for that is the trophy of his victories) within the arms of his gracious God; there lodg his fears, his wants, his sorrows, and himself too, as in the best repository.

2: **T**HIS Gospel command of *not caring for the morrow*, Mat. 6. 34. and being *careful for nothing*, Phil. 4. 6. nakedly propos'd, might seem the abandoning of us to all the calamities of life: but when we are directed to *cast all our care* upon a gracious and all-powerful Parent, and are assur'd that *he cares for us*, 1 Pet. 5. 7. that *tho a woman may forget her sucking child, that she should not have compassion*

D d

of

of the son of her womb, yet will he not forget his children, Isa. 49. 15. this will abundantly supersede all cavil and objection. Whilst worldly men thrust in an arm of flesh, lay up *treasure on earth*, a prey for *rust and moth*, Mat. 6. 19. and a *torment* to themselves, Jam. 5. 3. the Christian has Omnipotence for his support, and a *treasure in heaven*, where no thief approaches nor moth corrupts, Mat. 6. 20. Whilst bold inquirers call in question Gods secret will, oblige him to their sub or supralapsarian schemes, their absolute or conditional decrees, their grace foreseen or predetermin'd; the pious man with awful acquiescence submits to that which is revel'd: resolves for ever to obey, but never to dispute; as knowing that the belov'd Disciple lean'd on his Masters bosom; but tis the thieves and traitors part to go about to rifle it.

3. TIS surely a modest demand in the behalf of God Almighty, that we should allow him as much privilege in this World, as every Peasant clames in his Cottage; to be Master there, and dispose of his household as he thinks best: to say to this man, Go, and he goeth: and to another, Come, and he cometh: and to his servant, Do this, and

and he doth it, Mat. 8. 9. And if we would afford him this liberty, there would be an immediate end put to all clamor and complaint.

4. WE make it our daily praier that the *will* of God *may be don in earth as it is in heaven*, with a ready, swift, and uninterrupted constancy. As tis Giant-like rebellion to set up our will against his, so is it mad perversness to set it up against our own; be displeas'd that our requests are granted, and repine that his, and therewith our will is don. It were indeed not only good manners, but good policy, to observe the direction of the Heathen, and *follow God*: not prejudg his determinations by ours; but in a modest suspension of our thoughts, *hearken what the Lord God will say concerning us, for he will speak peace unto his people, and to his Saints that they turn not again*, Psa. 85. 8.

5. OR however upon surprise we may indulge to a passionate affection, and dote upon our illegitimate off-spring, our dearling guilts or follies, as *David* did upon that Child, which was the price of Murder and adultery: yet when the brat is taken from us, when the *Child is dead*, it will

become us to do as he did, rise from our sullen posture on the earth, and *worship in the house of the Lord*, 2 Sam. 12. 20. It will behove us, as he saies in another place, to *lay our hand upon our mouth, because it was his doing*, Psal. 30. 10: and with holy *Job*, Chap. 40. 4. when charg'd with his murmurings, *Behold I am vile, what shall I answer? Once have I spoken, but I will not answer: yea twice, but I will proceed no farther.*

6. *Socrates* rightly said of Contentment, opposing it to the riches of fortune and opinion, that tis the wealth of nature; for it gives every thing that we have learnt to want, and really need: but Resignation is the riches of Grace, bestowing all things that a Christian not only needs, but can desire, even Almighty God himself. He indeed, as the Scholermen teach, is the objective happiness of the Creature; He who is the fountain of being, must be also of blessedness. And tho this be only communicable to us, when we have put off that *flesh which cannot enter into the kingdom of God*, and laid aside that *corruption which cannot inherit incorruption*, 1 Cor. 15. yet even in this life, we may make approaches to that blessed

fed state, by acts of resignation and denial of our selves. It was the generous saying of *Socrates* being about to die unto his friend; O *Crito*, since it is the will of God, so let it be: *Anytus* and *Melitus* may kill me, but cannot hurt me. But such a resignation as tis infinitely a greater duty to a Christian, so it is also a more firm security. In that case tis not the *Martyr*, but *Jesus* of *Nazareth* who is thus persecuted, and he who attaques him, will find it hard to kick against the pricks, Act. 9. 5.

7. THERE could not be a greater instance of the profligate sensuality of the *Israelites*; then that they murmured for want of *leeks* and *onions*, Num. 11. 5. when they ate *Angels* food, and had bread rain'd down from heaven. Tis impossible for the soul that is sensible of God Almightyes favor, to repine at any earthly pressure. *The Lord is my shepherd*, saith *David*, therefore can I lack nothing, Psa. 23. 1. And, thou hast put gladness into my heart, more then when their corn, and wine, and oil increased, Psa. 4. 7. and in passionate rapture he cries out, Psa. 73. 25. *Whom have I in heaven but thee? and there is none upon earth that I de-*

desire in comparison of thee. My flesh and my heart faileth: but God is the strength of my heart, and my portion for ever. And likewise Psal. 46. 1. God is our hope and strength, a very present help in trouble. Therefore will we not fear, tho the earth be moved: and tho the hills be carried into the midst of the sea. Tho the waters thereof rage and swell, and tho the mountains shake at the tempest of the same. If God be in the midst of us, we shall not be removed, he will help us, and that right early. Let us therefore possess our selves of this support, and as the Prophet advises, Isa. 8. 12. neither fear, nor be afraid, in any exigence how great soever; but be still and quiet, and sanctify the Lord of hosts himself, and let him be our fear, and let him be our dread.

F I N I S.

THE CONTENTS.

SECTION

1. *Of the necessary Connexion between Happiness and Contentment.* p. 1.
2. *Of Gods Absolute Sovereignty.* p. 17.
3. *Of Gods Unlimited Bounty.* p. 28.
4. *Of the Surplusage of our Enjoyments above our Sufferings.* p. 56.
5. *Of our Demerit towards God.* p. 86.
6. *Of Gods general Providence.* p. 107.
7. *Of Gods particular Providence.* p. 121.
8. *Of the Advantage of Afflictions.* p. 130.
9. *Of our Misfortunes compar'd with other mens.* p. 156.
10. *Of particular aids for the gaining Contentment.* p. 178.
- II. *Of Resignation.* p. 196.
The Close. p. 209.